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the aware show

Lisa
Garr



THE AWARE LIFE TELESEMINAR

WAYNE DYER

5/1812

Lisa: Hello and welcome to the Aware Show Life Teleseminar Series. I am Lisa Garr and I am so incredibly blessed and grateful that you are here with us today. This is going to be an absolutely amazing Town Hall Meeting with Dr. Wayne Dyer who will be joining us in just a minute. I just want to say first of all, thank you for being on the call and set a little bit of an intention here and tell you what today's call is going to be like. It is going to be a little bit different than our traditional teleseminar calls. The teaching is going to happen through you. Each call magically happens and represents so many other people's questions. As these calls are coming in and Wayne and I are answering questions you will have the opportunity to learn from other people's experiences. It is always the best, best thing to do this. Alright, let's just take a few seconds and ground, get into the center of your body, in the center of your head. Be in the present time and let go what happened in the past and what is going to happen in the future and just be here, right now with yourself, enabling yourself to learn as much as you possibly can in this moment. We are definitely guided in this moment together, no mistakes, for every reason that you might not know now you will find out maybe later. We are all here together so that we can learn to guide other people through what we learned today. Ultimately everyone listening right now is a leader, in your own life, of your family, of your business, of whatever it is. You are a leader. Every single person that is listening. What you are going to learn today will help you in your own life and then to go on and lead others. With that intention set, I am going to tell you what is going on today. We are going to be taking calls. Dr. Wayne Dyer is my guest today. As you all know. There are thousands of people on the line and there are so many questions coming in. The reason is because Wayne is such a magnificent man. He walks his talk. He has authored over 30 books and is an internationally known author and speaker in this beautiful field of the Human Potential Movement. Wayne, Are you with me?

Wayne: Hi.

Lisa: Hi. How are you?

Wayne: I am talking to Bo about my Master Cleanse.

the aware show

Lisa
Garr



Lisa: How is going. How is the Master Cleanse going? We spoke with Wayne on Monday. How are you doing with it?

Wayne: I am doing great with it. I am on day eight and I am thinking about doing 21 days. They told me that I would be 20 years younger and 20 pounds lighter and ready for someone as beautiful as Lisa Garr.

Lisa: You have enormous amount of energy. You have been on the Master Cleanse, which is mostly liquids for eight days?

Wayne: Eight days with no solid food. I don't even think about food. I am getting plenty of nutrition, exercising, doing yoga, swimming, walking, and riding.

Lisa: Is it true that all of the energy that does towards digestion you are using for your life right now.

Wayne: I guess. I don't know quite how it works. I just know that it is lemons and maple syrup and cayenne pepper and laxatives and lots of time on the toilet. Looking at all of the little friends that build their houses inside of you. They are coming out.

Lisa: This whole conversation just took a totally different direction.

Wayne: It certainly did.

Lisa: Thank you for being here in the middle of this cleanse. You sound fantastic. Clear as a bell. You were on Monday too.

Wayne: I feel great. I always do though.

Lisa: You don't necessarily need to cleanse to feel as great as you.

Wayne: Well that is very interesting. It is one of the things that I have encouraged people to in their whole life to do. Get out of your comfort zone and really challenge themselves in new ways. Our bodies get use to this idea that we have to have food and we have to have so much of it and we have to have so much sleep and we can't do too much exercise. All of these things that have been imposed upon us since the time we were little kids and I have a 72 year old body that has never gone more than a day or two without eating ever in my entire life. To challenge myself in this way, each day it is even more exciting to get out of this comfort zone and say, I can heal this body of mine. I can make it work at an optimal level. I remember reading Siddhartha. Did you read Siddhartha by Hermann Hesse?

Lisa: No but I remember you quoting it though.

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the aware show

Lisa
Garr



Wayne: It is a great little book. It is the story of Buddha when he was a young man. Siddhartha is with his friend Govinda and they are traveling around and Siddhartha is fasting. Finally Govinda says to him one day, I do not understand Master, what good is fasting? Siddhartha, Buddha looked at him and said, I can laugh at hunger. I have never forgotten that line. Most people look at hunger and they get terrified of it. They just think, that oh my god, I am just going collapse. Siddhartha said I can look at that and realize that I am something way beyond this body of mine and all of its demands. I can just laugh at it. That is kind of what I have been doing. I am laughing at hunger. I watch people eating their cheeseburgers and I watch commercials on television and I just can do without.

Lisa: It gives you a different perspective. It absolutely does. It is kind of applicable to what we are talking about today with people's calls. They are calling in about being in a lot of pain. Looking for different ways to do things. Doing everything that they know to do and still not producing results. So what this is going to require, is a lot of what Wayne is doing right now, absolutely shattering the belief system and breaking those limiting beliefs down to the point that where they disappear and you get a whole new perspective on everything. We have hundreds of questions coming in and I am going to tell people in a moment how this is going to work but it is all about that. It is about shattering the belief of what you say on these questions that you even writing in. About being in a lot of pain, about relationships not working, about trying everything and it is still not coming through, cancer, diabetes and all of the things that are coming through here, which are real. I am not minimizing your experiences with them, but you have to shake up your belief system in order to get through or break through what you are asking.

Wayne: Absolutely. One of the biggest belief systems that we have to shake is what I have written about in Wishes Fulfilled is the idea that our reality is defined by what our senses tell us. By what our eyes, ears, mouth, sense of touch, and so on, by what these five senses tell us. We have a tendency to strongly believe that whatever it is that they tell us, whatever it is that I see with my eyes, hear with my ears, touch, and so on is my reality. When in fact, within you your interiority is a very, very different thing all together than what these senses are telling you. The great line that I have used over and over again throughout my life is "we become what you think about whether you want it or not". If you are thinking about what is wrong or if you are thinking about what is missing, or if you are thinking about your pain and then you see it and experience it, you don't have a chance to go within and say I am something beyond pain. I am something beyond poor. I am something beyond financial problems or beyond relationship problems. I am divine. I am a piece of God. I am connected to the divine at all times. That is how I choose to define myself. Before I came on the air with you here this

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the aware show

Lisa
Garr



morning I did a 40 minute meditation and repeated the sound over and over again. I am love. I am content. I am peace. I am God. Just reminding myself of that. That is one of the biggest ones to overcome.

Lisa: It is interesting that you say that because what you are describing is every day enlightenment. You are not talking about sitting on a mountain top for 40 years. You are talking about how to apply this to people's practical, everyday life. That is what we need in order to raise the conversation on this planet we have to change the whole idea of what it means to bring enlightenment into practical times.

Wayne: I was thinking about for all of the people who are calling in about physical pain and so on and what I am saying to you right now is that you become what you think about. Just imagine how much time you spend sitting in front of a television set and how many times per day you are told to think sick. With all of the commercials that are flooded at you on a regular basis about your arthritis, your heart pain, about gas, and so on. It is like you are inundated all day long. So are your children. All of the things that you should be talking to your doctor about, all of the problems that you are having, if you become what you think about as a culture, as a country, we become a nation of hypochondriacs. Literally, being force fed information telling us to think about what is wrong instead of having us think about how positive we, how healthy we are, and what it is that we are capable of. You just don't get that type of information so you have to get that from within. That is why meditating is so important. That is just a side note.

Lisa: I am with you. I want to tell people how the calls are going to work. In order to raise your hand and actually ask a question directly to Wayne Dyer you press *2 to raise your hand and then I will call on you by the city and state that your phone is registered in but we are going to do it by a random number selection here. I am going to ask Wayne to pick a number between 1 and 50 and we are going to take the call of the number that he says. It is just going to work out the way people that ask the questions are going to represent hundreds and hundreds of people that are listening that have the same question. It always divinely works out this way. It is incredible, always supported, and perfect timing no matter what. You are doing it now, I see the hands rising. Press *2 to raise your hand. I am going to call on you after Wayne picks a number and then I will call on you by the city and state that your phone is registered in. Give us your name because it does not always register your name on this particular system here. I wanted to tell you a quick story along the lines that you were just saying Wayne. I have a friend who went to her doctor and the doctor said to her that it looks like you have all of these cysts and we are going to do an ultrasound and it is going to take a couple of days for the results to come in but why don't you take this medication just in case you have these cysts. She took the medication. It made her sicker. The medication made her so sick.

messages that inspire positive growth and change

the aware show

Lisa
Garr



She found out five days later that she did not even cysts. That is exactly what you are talking about. How many people have done this because we are not empowered ourselves to listen our own intuition about our bodies.

Wayne: Oh my god. That makes me sick. That is an amazing story. Just the thought of that, of just take some medication, take something that we have created in a lab here someplace, just in the event that you might have it instead of go within and begin to use your mind to tell yourself that whatever you do have that you are capable of transcending it, healing it, and getting past it.

Lisa: That is why we have conversations like this. People are now understanding that you can break outside the limiting beliefs, you can register whatever anybody ever says to you up against your own truth. What we are going to talk about a lot today is how to be competent with that truth. How to understand that I am principle. How to know that you control your destiny more than you ever realized along with you relationship to the divine. That is a lot of it. I don't want to get this an enlightened conversation, I want to make this real and keep it real. That is why I brought up my friend. It was a perfect example of how we are robbed of our own truth in every aspect.

Wayne: It is interesting Lisa. In 1987, one generation ago, the number of prescription pills that were given 3 billion individual prescription tablets were issued. In the year 2000, 20 years later, one generation later, that number is 113 billion. That is how dependant we have become on taking drugs in our society in order to alleviate our pains rather than changing the ways that we think, changing the way that we eat, changing the way that we exercise and beginning to realize that these temples that are our bodies, that house our souls are perfect creations of God. All we have to do is just treat them with the dignity that they deserve.

Lisa: Yes, that is true. Also one of the things that Wayne writes about in book, Wishes Fulfilled. We do have an amazing offer up here today as well. If you go to www.theawareshow.com/dyer there are an amazing amount of products on there that Wayne has recorded, written about, offered in terms of practical meditation exercises, a children's book on there as well,

Wayne: We have a seminar; we have got films from Assisi, Medjugorje, and Lourdes, Experiencing the Miraculous. Anita Moorjani's book alone is worth the price of that because if you read that you will change your view on who you are and what you are here for when you see how she healed her body from end stage cancer. It is a fabulous, fabulous package at an incredibly great price.

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Lisa: Now pick a number between one and 50.

Wayne: I am going to pick the most spiritual number there is. The number that means life in Hebrew and it is the same as the date today; number 18. It stands for one infinite source.

Lisa: Called number 18 is in Seattle Washington. Seattle Washington do you have a question for Dr. Wayne Dyer?

Lisa: Tulsa Oklahoma do you have a question for Dr. Wayne Dyer?

Tulsa Oklahoma caller: Hi.

Lisa: What is your name first off?

Tulsa Oklahoma caller: Lacy.

Lisa: Do you have a question for Wayne?

Tulsa Oklahoma caller: What is a really good way to deal with anxiety and anger? When I wake up in the morning, I can sometimes almost feel it coming on.

Wayne: How to get rid of anxiety and anger in your life? I could do four hours on this. Basically, in the Course Of Miracles, there are only two reactions that can have in life, emotional reactions. One is fear and the other is love. What I would recommend is that you look at all of the things that you have to be grateful for instead of putting your attention on all of the things that you are upset about and do not like. Be in a state of continuous gratitude. Recognize that there is no such thing as anxiety that exists in the planet. If I gave you a bucket right now and said all right Lacy here is your assignment. I want you to go all over Oklahoma and bring me back some anxiety. You would always come back empty handed because anxiety isn't something that exists in the world, there is only people thinking anxious thoughts. Once you recognize that this anxiety is the result of how you are choosing to process all of the events of your life, the same is true for anger and the same thing is true for fear, once you begin to get to a place of love and see yourself as someone who is steadfast in that one thing. If you looked at all of the things that you think are making you anxious. I always give an example. Years ago, I don't know if you remember this Lisa, remember the Challenger when the seven astronauts exploded and they were all killed, on that particular day I was scheduled to speak in Seattle Washington. I had to fly all the way across the country to do it. I have a rule that on the days that I speak I never read a newspaper or turn on the television. I don't want to have my inner world affected by all of the stuff that is going on

messages that inspire positive growth and change

the aware show

Lisa
Garr



out there that the news, in particular, like to report. So, I had not heard anything about this. It happened early in the morning. I had gotten to Seattle, I was in my hotel room, I meditated, and it was about ten minutes to eight and I was getting ready to go on and someone approached me and said wasn't that terrible about what happened with all the astronauts being killed this morning. I had not heard anything about it. Well, as I went on stage I felt this pain inside of me, I felt sadness, and some anxiousness about this whole space program; all of these thoughts were going through my mind. I asked the audience, what do you think is causing me to have all of this internal stress right now. People would raise their hands and say, it was losing this many people and it is obviously something that is going to cause to be unhappy and hearing about people just being killed and disintegrated and so on. I said no, none of that is the case. If that where the case, if those were the things that were making me feel stress right now they would have happened when the event happened but the event happened 12 hours ago. It was only when I found out about it and I chose to process it in a way that caused anxiety within me that now I felt it. For 12 hours after the event I had no awareness of it and consequently, no possibility of being upset, depressed, or unhappy. This is the same thing that I would say to you Lacy about everything that causes you anger and stress in the world; it isn't that person, it isn't the event, it isn't the circumstances, it isn't the stuff going around outside of you, it is inside of you. You have the capacity, the ability, to choose to process the world in a way of love and a way of acceptance, gratitude, and kindness rather than the opposite.

Lisa: Does that make sense to you Lacy?

Lacy: Yes it does.

Lisa: Are you aware of what is causing the anxiety when you wake up and the anger?

Lacy: Yes and no.

Wayne: I would suggest this to you Lacy. I write about this in Wishes Fulfilled. That would be very, very helpful or you to read that. I call it the Wishes Fulfilled Foundations. One of these Wishes Fulfilled Foundations I call it now I lay me down to sleep. In the Book of Job it is said, that when men are slumbering on their beds that your ears are open and your instructions are sealed. That is while you are sleeping. When you go to sleep tonight, the last five minutes, instead of having you use your mind to review the things that you don't like, the things that upset you, and the things that hurt you, you are about to enter into your subconscious mind for the next eight hours, marinate there for the next eight hours, I would recommend that you go into your subconscious state

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the aware show

Lisa
Garr



reviewing all of the things that you have placed into your imagination that you would like. I am content, I am peaceful, I am love, I am safe, I am happy, and I am healthy. Just constantly use the words I am. This is all explained in the material that is offered there. As you do this, as you get practice at this, you begin to re-change your subconscious mind so that when you awaken, now that you rejoined the universal subconscious mind, now that you rejoined God, you are now beginning to attract into your life, the kinds of things that you have placed into your imagination. If you heard what I said in the beginning, we become what we think about all day long and if what we are thinking about is what is missing, then we are going to attract more of what is missing. If we are thinking about what is wrong we are going to attract more of what is wrong. If we are thinking about the people that make me angry we are going to attract more anger. You become what you think about. As we said on the last show Lisa, when you change the way you look at things, the things that you look can change. That is when anxiety will go away.

Lisa: Absolutely. That is the whole concept behind it; change the way that you look at anxiety and become separate from it. It is not you. You are not the anxiety. The circumstances and situations around you are not you. You are different and separate from those and you can take responsibility for your own feelings and behaviors around those.

Wayne: Eleanor Roosevelt once said that no one can make you angry without your consent. That is a very important thing to remember. No one can make you anxious without your consent. No one can make you anything. Your interior world is yours to use any way that you want to.

Lisa: Beautiful. I am writing all of these down today. Going to Taos New Mexico. Diane.

Taos New Mexico caller: Hi Wayne. Hi Lisa. This is so awesome. I don't have a question for you Wayne. I just wanted to thank you. I turn 68 on Wednesday and I read your book, the Erroneous Sins on my way to England 34 years ago. You have been an integral part of my life, my spiritual journey, reading all of your books. I have ordered your package from Monday. I just love you and thank you from the bottom of my heart. I watched your movie last night, Your Greatest Teacher. I wept and wept and wept. It touched me. It touched me so deeply. I had issues similar to that. My mother left at age 8 and I did not get to see her again until my grandmother's funeral when I was almost 19.

Wayne: Thank you very much for your kindness. I think that will help a lot of people on the line with what you just said about My Greatest Teacher, which is that probably the turning point in my life was back in 1974. You know that I lived in orphanages and my father abandoned myself and my two brothers. Until I was 10 I was not able to get back

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the aware show

Lisa
Garr



with my mother. I carried around so much anger, so much bitterness, and so much stress inside of me. I use to dream about this man. I went to his grave and I was sent there by a series of really bizarre circumstances. When I got to his grave, I really believe that I was sent there by God in order to really fulfill the dharma that I showed up on this planet, the teaching that I do. I had really gone to his grave to really do something on his grave really because I was so angry at him for my whole live. What happened, just as I was leaving, something pulled me back and went back. I said to him, "From this moment on, I send you love." I have never dreamt about him again. I have always seen him as an angel. I see him as someone who is there to guide me; who is there with me right now, even as we are sitting on this phone contact right now across the country. I really feel that he incarnated into this world to have a son so that I could practice forgiveness and teach so many people. It turned my life around. All of you on the line who have got some kind of bitterness or anger toward anyone who has done anything to you in the past, I would recommend that you go within and just practice what turned my life around. At the time that I went to that grave site in 1974 I was overweight, I wasn't running, I was eating terrible, my writing was not going very good, I was in terrible relationships, I was drinking, so many things were out of control in my life. I walked away from that Lisa in 1974; I went down to Fort Lauderdale Florida. I was teaching at St. Johns University in New York. We had two weeks before the fall semester was starting. I rented a hotel room down at the Spin Drift Hotel in Florida and I wrote Erroneous Zone in 14 days. Beginning to end; I just wrote it. It became a book that was the beginning of 39 more books that I have written over the years.

Lisa: Thank you for your call Diane. For some reason I clicked and you were just blaring out there.....pick me....pick me. Thank you so much. Your enthusiasm is greatly appreciated. You do actually speak for so many people who are in positions of searching and looking and that is true. So many questions come in Wayne saying thank you so much for your work. You have turned my life around. I am really glad that Diane said that for all of the questions that I never really do get to that just wanted to say thank you. Pick another number between 1-50.

Wayne: 50.

Lisa: The last person in here. Precut Arizona. Hi.

Prescott Arizona caller: Hi Lisa. Hi Wayne. Oh my god. I am so excited to talk to you.

Wayne: What is your name?

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the aware show

Lisa
Garr



Prescott Arizona caller: My name is Melissa.

Lisa: What is your questions sweetheart?

Prescott Arizona caller: I have been studying all kinds of spiritual principles throughout my live. When things are going well it is great. Let me just say, I think that my biggest question and struggle that I deal with is rejection and fear. I had been out of work for about a year and I landed my dream job. I became an event planner. I am a graphic designer. I had been doing this for the last six months and after the last event that I planned my boss came to me and said, I decided to let you go.

Lisa: You are a single mom, right? I read your question.

Wayne: Let me respond. The ideal thing to do at a moment like that when your boss says that they are going to let you go; get down on your knees and say thank you. Be in a state of gratitude. Gratitude is not something that you express when things are going well, when everybody around you smells good, and when everybody tells you how wonderful you are. Everything that comes into our lives is something to be grateful for. There are no accidents involved in these things that show up in our lives. The rough spots, the hard times, the struggles, the things that you think shouldn't be happening, are often our greatest teacher. The name of the film that someone wrote in about is called My Greatest Teacher because my father was my greatest teacher. This was a man who abandoned me, walked out on me, never had anything to do with me, and never even made a phone call in his entire life to even acknowledge that I existed. Yet he was probably the greatest teacher that I ever had. I had a real good friend; I am blanking on her name right now, the triplet who I wrote On Death and Dying, she said, if you shield the mountain from the windstorms you will never see the beauty of the carvings. Elizabeth Kubler-Ross is her name. The beauty of the carvings is like all of the things that happen to us in our live that we think should not be happening to us. All of the storms that show up in our lives are things that usually propel us into a higher place. You mentioned rejection and you mentioned fear that are the things that are operating in your life on a regular basis. When you see can really see that these things that are showing up in your life are almost like part of a celestial plan for you to move into higher and higher places. I often use the metaphor when I was in high school and I was on the track team I would run up to the bar and in the process of running up to the bar, I would get as low as I could. In the process of getting down low, I would generate the energy to propel myself over the bar. The lower that I got with the speed, the higher I could jump. This is a metaphor for everything in life. Almost every advance that you make in your life, spiritually, happens after a low point, after something has not gone right, after you have had a struggle. This is true in so many areas in our life. It is also true medically. The kinds of things that we go through; the real pains that we go through. If you read

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the aware show

Lisa
Garr



Anita Moorjani's book, which is part of this incredible offer, if you read that book one of the things that she says is that what she believes caused her cancer, caused her to get so sick, was that she lived in total fear of this her whole life. Two of her friends died of cancer and she was a person who was always trying to please everybody else, trying to fit in, do what other people had programmed her to do and as a result she went around living with this kind of internal stress which we call fear. Once you get rid of those kinds of things it is impossible for you to ever feel rejected again. There is no way that there is any possibility that at this point in my life that I could ever feel rejected by anyone at any time. I have just recognized that everybody's opinion is just theirs and they are entitled to it and who I am is a divine connection to God and I feel that divine connection at all times. Consequently, what other people think of me is none of my business. I just don't pay attention to it.

Lisa: Sometimes that is easier said than done. When you actually practice it and you look back after a few months have gone by, you can separate from something, you realize that is what you are talking about. In your case Melissa, if you are able to create such an amazing job in the first place, with being an event planner. The ability to make things beautiful and provide an environment for other people to feel good, you can do that and so much more beyond that. You are a mom and you are creative. You have creativity flowing all over you. As much energy as you are pouring into that past experience of rejection, take it all back, because it is your energy, it is yours to own, and then move forward. If we put all of our attention and energy on what everybody else thought about us, we would never be able to move; front, backwards, or sideways. Just take all of that back because you are a creative being, you are an amazing mother I am sure because you care about your child, and use all of that energy and channel it on something different. Thank you for your call by the way.

Wayne: Are you still there? Do you meditate Melissa?

Prescott Arizona caller: Not as much as I want to. Honestly, this job consumed me. I didn't have time for anything. I am recognizing some gifts that will come from this. I will probably have more time and yes I would love to get back into that.

Wayne: The meditation that is part of this, I Am Wishes Fulfilled Meditation is to the most beautiful sound that you will ever hear. It is the same sound that is correlated with the letters that God said to Moses; I Am that I Am, the name of God. You are actually hearing the frequency, the same vibration from the God code. I would recommend that you try that meditation. Even if you don't know how to do it. Just turn it on and just sit there and allow yourself to do it for 20 minutes in the morning and 20 minutes in the

messages that inspire positive growth and change

the aware show

Lisa
Garr



evening at the beginning. When you said that you did not have time because your job took up all of your time, I was correcting you as you were saying that. I wished that you would have said I did not take time rather than believe that your life was sort of being circumscribed by the events that were taking place in your life. Your jobs, its requirements, and so on when you didn't say to yourself, hey I am very, very important and I am love, and I am taking time to sit quietly and be peaceful and connect with God and connect with my source.

Lisa: I want to take a second to talk about what Wayne is talking about with this special offer. He and Hay House put together this enormous offer for all of you to continue these teachings, these lessons, diving in deep with reading the book, the meditation CD. If you go to the website, www.theawareshow.com/dyer and you look at the offer there. There are two offers. I want to explain why. There is one offer that has Wayne's books; Wishes Fulfilled, Anita Moorjani's book with Wayne writing the foreword called Dying To Be Me, it will shift your perception of lie completely and then there are practical exercises that you can do with the I Am Meditation CD which has a specific frequency in it in order to accelerate that I Am place in your life, that feeling, that experience. It is incredible. There is also a second offer there where you can get tickets to the I Can Do It Conference in either Washington or Pasadena. There is a special lecture that Wayne is going to give specifically for the people that purchase this offer. It is a very exclusive lecture that Wayne is going to be doing with the people who purchase this offer. That is the in-person event. That is the Wishes Fulfilled in-person event. That is enormous. I know that all of the Wayne delivers in his lectures. They get to spend a little bit of time listening and participating in a very wonderful event there too. That is in either Washington or Pasadena and you get to choose either one by going to that special offer.

Wayne: We have not mentioned, but also part of that offer is that we did an entire two day seminar on this. We are talking for an hour here. We did an entire two day seminar here on Maui last year and that is what that six CD set is. We also took 160 people to Assisi, Lourdes, and Medjugorje and filmed all of it including a two hour lecture in each one of those sites. The one in Assisi was one of the most live changing lectures that I have ever given. If you ever get a change to watch that I encourage you to do so. That is all part of it as well.

Lisa: You can go to the website, www.theawareshow.com/dyer and that is where you can get the special offer. It really is over \$300 value. It is what you have seen Wayne talk about if you have watched any of the PBS specials. This is half the cost of what that was offered for on PBS because of our relationship with Hay House and Wayne. The gifts here are really enormous. There are seven items in one offer. All of the interviews that I have done with Wayne. This is a huge benefit. The interviews that I have done with

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the aware show

Lisa
Garr



Wayne on my radio station here in Los Angeles, on The Aware Show here in L.A. we have also thrown into that, to sweeten that offer even more, those interviews were also life altering interviews. They are my favorite interviews. I have interviewed Wayne several times. These are my favorite ones that have to do with the Jon of God story, the whole entire conversations that he had around that and the miracles that happened around that. That is all included there are as well. I want to make sure I mention that.

Wayne: There are five hours of interviews there. We have had some great interviews over the years.

Lisa: Yes we have. We always have such a great connection because I have known you for several lifetimes. We have had that conversation before. I want to get back to the calls. In the meantime go to the website, which is www.theawareshow.com/dyer and check out the special offer because this dives deeply into your processes of what we are just touching on with these calls today. I defiantly want to go back to taking your calls. Pick a number Wayne between 1-50.

Wayne: 37.

Lisa: 37 take me to North Carolina. Franklin North Carolina. Do you have a question for Dr. Wayne Dyer?

Franklin North Carolina caller: Yes I do. How are you?

Lisa: Great. What is your first name? Jeannie.

Franklin North Carolina caller: Hi Dr. Dyer how are you?

Wayne: Great. How are things in North Carolina?

Franklin North Carolina caller: Blessed. I have a question that is more on the applicable line of things. I read Wishes Fulfilled and loved it. I love you. Thank you so much for taking these concepts and giving us the ability to apply them in our daily lives. It is not always so easy to do.

Wayne: I don't even take credit for doing it. That whole book was channeled. I am telling you. I just sat down and it just came through me. It was one of the sweetest experiences of writing that I have ever had.

Franklin North Carolina caller: It is a sweet spot for sure. I am also a writer so I know that. When I go into, what you describe as the gap, and I am trying to stay there

messages that inspire positive growth and change

the aware show

Lisa
Garr



between the last thought and the next one. I notice that my ego gets really scared. It becomes frightened and it interrupts the I Am. I am having difficulty trying to eliminate the ego screaming at me while I am in the gap. I know that this is very technical.

Wayne: It is a very good question. The ego is a very, very tough task master and it lives in contact fear that you are going to find out that you do not need it. That you are really are not. Most people don't understand what the ego is. I always say that it is an acronym for edging God out. I tell my audiences, I was not born Wayne Dyer. You were not born Lisa Garr and you were not born Jeannie. You were just born. All of the stuff that was imposed upon you that you identify yourself with, your name, sex, age, femininity, what you can do, what you cannot do, the language that you speak, the clothes that you wear, the customs that you have, and even more important than that all of the believes that you have come to hang onto which are mostly designed to make you feel just ordinary, weak, and less than. You certainly are not raised to believe that you are God even though the scriptures are filled with references to your own divinity and that you are one with God. You are raised to believe that God is something outside of you and that is going to do things for you, punish you, and you should live in fear. You are also raised to believe that all things are not possible. Even though in the scriptures Jesus says if very clearly, with God all things are possible which means it leaves nothing out. It leaves absolutely nothing out. All things are possible. We are not raised to believe this. We are raised to believe to edge God out and to take this perfect being that we are and to start to believe in the false self. To believe that you are what you have. You start accumulating as much as you can. You are what you accomplish. You are what other people think of you. All through your educational process you are trained to believe that who you are is based on what you own, what you do, what others think of you, that you are separate from everybody else. You just grow up with this kind of stuff. They you go into the gap as you mentioned Jeannie and you start saying, I am peace, I am kindness, I am love, I am God, I am connected to my source, I am capable, I am all things to all people. Your ego starts saying, wait a minute. You are only what you have. If you don't pay attention to that somebody else is going to take it away from you so you better compete with other people, you better get angry with them. We start creating a while world of people like this and we start having wars over these types of concepts. I am taking it to an extreme but this is what the ego is constantly doing; telling you not to pay attention to this other stuff because if you ever start to really get this message that you are God, that you are capable of doing all things, and that you are divine love. If you ever really get this you have no need for this ego whatsoever. It is just constantly reminding you that you better watch out, somebody is going to take it away from you, somebody is going to be better than you, you are not number one. The question that

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the aware show

Lisa
Garr



you are asking is how do you get the ego to stop being so insistent and such a pain in the ass.

Lisa: You are asking for a lot of people because there are a lot of people asking the same thing. How do I get through this and how do you use the I Am meditation.

Wayne: The antidote to the ego is what I call divine love. Patanjali put it this way, he said, when you are steadfast, which means you never slip, this is what Jesus was, this is what a Buddha was, this is what the great spiritual masters are, this is what my teacher Swami Yukteswar, we are love. Love is the antidote to all of this. Patanjali said when you are steadfast in your abstention of thoughts of harm directed towards yourself and others that all living creatures will cease to feel fear in your presence. You will affect the animals around you. You will affect the weather around you. You will affect everything and everyone around you when you are steadfast. What you have to do is practice being steadfast which means that you only have thoughts of love. Human love is different than divine love. Human love sort of comes and goes and it varies and changes but divine love is a love that is the steadfastness. That is all you have inside of you. Every time when you are trying to get yourself into the gap, when you have one of these fearful thoughts showing up, which is the ego just knocking at your door saying wait a minute remember me, you better try to get some more and so on. Remember when you went to school when you were just a little girl, when you were five years old and you went to school, you were taught that your value was based upon how many people like you, how many friends that you have, how well you do on your tests, what kind of clothes that you wear in comparison to other people, how beautiful you are, all of this endless kind of stuff. You are never taught that you are divine, you are perfect, and you don't have to have any of this stuff. You give love to that thought. You just give love to that ego questioning, say thank you I acknowledge you, and you go right back to saying I am God, I am peaceful, I am love. Divine love is the antidote to every single demand that ego makes on you. All you have to do is just go to that space; that space of love. It is what my next book is going to be about. I can't wait to get started writing it; on divine love. How to live it, how to access it, how to practice it, how it is distinguished between human love and spiritual love, and that each and every one of us has this capacity. I think that if we can just get enough of us here, it is love for everyone Jeannie. You are calling from North Carolina which has been in the news a lot lately because they just passed some type of ordinance in the constitution banning same sex marriages or something like this. If we can have love for everyone, everyone without any exceptions, just extend love outward, externally to everyone we will start having political leaders come out of that type of consciousness and ultimately a Gandhi or a Jesus or someone like that who never held political office but are more influential than anybody who ever

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the aware show

Lisa
Garr



sat in a political office. This is what we will do. This is what I aspire to be; a person who lives from a place of divine love. You can do this. You can practice this in your meditation. Just stay in that state. Stay in that people state. I recognize the thought, I thank you, I acknowledge you, I even send you love but I was trained to believe that I am what I do, what I accomplish, what I achieve, what I own, and so on and I no longer am interested in that. I am only interested in being a state of love. When you come out of the meditation see if you can extend love to someone, even if it is even with a gesture, smile, or kindness. Just practice it and ultimately you will see that when you connect yourself in divine love, you will see that the great teachers, the great angels, the people around you will begin to show up. You cannot attract this divine guidance by asking for it or going after it. You have to attract it by being like it. The angels out there, the angels of love, only recognize people who are acting the way that they act, the way that they are. It is not like I am going to pray a lot for it and hope that I get it. You just have to be like this. When enough of us are like this we won't have the kinds of conflicts that we have on our planet.

Franklin North Carolina caller: As a testament just let me say that I also practice what you were telling Lacy about, the five minutes before you go to bed. I am working my way practicing Wishes Fulfilled. It makes such a difference in the way that you wake up in the morning and you actually feel the divine presence around you all day and you want to bring to other people a compliment, a smile. Like you said, it doesn't cost any money but it makes all the difference in the world to go to bed with that reformation in your mind.

Wayne: It is so important that you are pointing this out sweetheart because what we are doing here, what I am saying to you, is that the last five minutes before you go to sleep, the quote from Job, right out of the scriptures, it is when men are slumbering on their beds that their ears are open and their instructions are sealed. While you are in your sleep state you are in an unconscious state. This is the state where your subconscious mind is most comfortable when you are in that unconscious state. Most of the stuff that you do all day long comes from your subconscious mind. You don't get up in the morning and say how do I put my shoes on, how do I brush my teeth, how do I put the toaster in? You do about 97% of everything you do all day long with a subconscious mind but you also have so many thoughts in your head all of the time that were there as well about what you can't do, what is not possible, what you are angry about, about how other people are hurting you. What you have to do is begin to reprogram them by placing into your imagination what it is that you intend to manifest. I am well, I am peace, I am God, I am thrilled, I am content. Then say those things as you get ready to go into your subconscious mind for the next eight hours and then when you awaken your subconscious mind got a nudge and you will start acting in those types of ways and before you know it you will see the stuff that you thought was not possible, you will start

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Lisa
Garr



seeing synchronistic events. This is the universe responding to you because the universe is based on love. I always quote that very famous poem of Hafez, the great Persian poet. He said even after all of this time, the sun never says to the earth you owe me. Just think what a love like that can do. It lights up the whole world. Become like the sun. Just be that which is always giving and offering and asks nothing in return.

Lisa: It is interesting that you say that. Literally there are 450 questions here and the majority of them are dealing with pain, with pain. That is why something where you have like the meditation CD or something that gets you into space that breaks you out of that intensity. There are defiantly energies, frequencies, things that we absorb, stories that we tell ourselves, much of what becomes our own internal dialog of what keeps us in this pain. We have this agreement with this pain. If we could break it and find a fool to help us get to this place then the blissful state of love, the I Am that I Am is available right there for you. I really appreciate your saying that. I know that your daughter works with helping people in human trafficking. From this place you are able to helping the deep sorrow, the deep pain that is going on, but from this place you are able to help people like that.

Wayne: Having compassion not only for others but for yourself as well. The Dalai Lama said that if you could take every child on the planet at the age of five and have them meditate for just one hour per week on compassion, just on compassion for themselves, for others, and for the planet, what we could eliminate all violence on this planet in one generation. That is how powerful thinking this way is. If we could just train ourselves to stop thinking about what is wrong, what we don't like, who is different than we are, and how much we hate others who don't think, act, and behave the way that we do. If we could just have compassion, just the sense of extending love towards everyone, towards all things. In a generation, just one generation, all of these wars, all of this hatred would be gone. I saw a great story in the paper; I think I talked to you about it the other day, of a guy who was in Serbia back in the 1990's over the Kosovo situation and Sarajevo. He was given a gun and told that your patriotic duty is to go and kill people. He said he just could not do that. He left there and he came to America, worked as a janitor at Columbia University and got his degree. It took him like 18 years to get his degree. He said, I just couldn't be told that I had to hate people who looked, talked, and thought exactly like I did just because I was told to do that. That is what will happen. Ultimately, it will answer that question; what if they through a war and nobody came? We are just not going to do this any longer. We are not going to hate, kill, and blow up each other. We are going to live in a state of love. I believe that is what my dharma is about. I really believe that we can create that.

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Lisa
Garr



Lisa: I need to tell you a quick little story about that I Am book. It is in the special offer that Wayne is offering today and that Hay House has put together for us. There are seven or eight books. There are books, CD's, the I Am Wishes Fulfilled Meditation CD that I was saying about. That is the tool that we are talking about in terms of getting you out of this stuck place, that intensity, into something that enables you to transition into shift. There is a book in there; it is a kid's book. It is called I Am, Why Two Little Words Mean So Much. We talked about this on the last call that we were on. Did you know that there was a man who listened to the call that called and got 200 of those books? They were donated fro Hay House so sweetly for his child's school for disadvantaged youth. It was such a beautiful synchronicity that happened there Wayne, that those kids in that school, 200 of those kids are now going to have that as their required reading and are going to spend a whole course on that entire thing and teaching it to children. It stems in that story that you just said; if we could teach every child just to meditate for five minutes. It would change the entire face of this planet. That is how you start it, with these types of inspirational tools.

Wayne: That is why I write these. I have written five children's books. That is with Kristina Tracy my co-author. This last one was on I Am. If we could just teach these kids to grow up to believe that who I am is divine. Who I am is connected to my source of being. Who I am is love. It is just pure love. It is all over the scriptures but yet we use the scriptures as an excuse for going to war against each other. When it clearly just says in there, forgive you enemies. It does not say anything about going out there and killing your enemies but yet people call themselves Christians, call themselves strong believers in the Koran and so on, if they read it carefully all if says is just love each other. God does not need you to love him, he doesn't need any more temples, he does need any more churches, all God wants as far as I am concerned is for us to love each other. That is what we are. We are just love.

Lisa: That is beautiful. Absolutely. You have spent the time writing about in the Wishes Fulfilled book. You really went through the discord. You went to where this was cited in ancient history. You developed it into your own manifesting powers, you own Wishes Fulfilled, within you, and how to create a live that you love.

Wayne: I studied the New Testament before I went there. I read practically all of it. I read all of the I Am discourses. I read all of Neville's works, all of U.S. Andersen's works and then just let it all come. I tried to take what I thought were the essential messages of what the great spiritual masters were attempting to teach us instead of interrupting through the ego but instead interrupt it from a place of divine love. All of the pain that you are experiencing out there; I know about this stuff. I have been diagnosed with leukemia; I had a heart attack in 2000. I know about these kinds of physical pains. Even

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the aware show

Lisa
Garr



now when I get any kind of a pain at all I just stop and send it love, I just acknowledge that it is not something that I am interested in having, you don't have to stay with me anymore I am beyond that. It is amazing how quickly that stuff goes away when I don't focus on it and I say to myself, treat my body a little bit better, exercise it more, meditate more, be in a state of peace, send love to as many people as I possibly can, be as generous as I can to everyone that I encounter, and low and behold the pains just don't even register any longer.

Lisa: You separate from them. Well I want to mention one more time, if you go you our website which is www.theawareshow.com/dyer it is seven of Wayne's products which are an amazing discount. It is like a 50% discount on there. Also we are including in that five recordings that I did with Wayne, personally my favorite ones. He tells stories upon stories about Jon of God, miraculous healings, near death experiences, past lives, and parallel universes. One whole call on parallel universes. That call in itself, I relieved the most response that you and I did on my radio show about parallel universes. It is all on that offer there. It is a deep discount. If you have somebody that you know that is graduating right now, this is the true education. When you get these types of inspirations right when you are moving into a different time in your life and you are commencing to a different entire time in your life, this is the type of stuff that is not taught in school.

Wayne: That is so true Lisa. It's great for weddings too. They don't need another blender or toaster honestly. You give them a lifetime of love and peace. This is one of the greatest wedding gifts that you could possibly give. You are absolutely right. Mothers day or Fathers day too, any of those special events.

Lisa: It all gets shipped to you from Hay House which is wonderful too. Go to the website www.theawareshow.com/dyer to be able to dive deeply into this material. We do want to take a few more calls. If you do *2 to raise your hand. I want to be respectful of you time today Wayne because I know that you have the ocean to hit out there. We have cancelled your yoga class for this particular call.

Wayne: You did. That is all right. It is worth if, believe me.

Lisa: It is so worth it. There are so many calls that are coming in. If you can, pick another number between 1-50. We are going back to the calls here.

Wayne: 27

Lisa: Okay. Sunnyvale, California. I know where that is.

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the aware show

Lisa
Garr



Wayne: I had an interesting experience there many years ago but we can't talk about it on the radio. Go ahead.

Lisa: Hi in Sunnyvale. Do you have a question for Dr. Wayne Dyer?

Wayne: Hi.

Sunnyvale California caller: This is Sue. I have been living here for quite a few years and just started listening to Wayne Dyer. I love your work. I love listening to all of the programs, and Louise Hay, and really going into the spiritual training. I have tried meditating with both getting in the gap and I recently received the I Am meditation CD which I love. It is amazing.

Wayne: Isn't it something. That sound. That sound always gets to me. I don't even know how to meditate without out. I wrote an endorsement for Jonathan Goldman. I said it is like meditating but being cradled in the arms of God. It is a beautiful sound.

Lisa: What is your questions sweetheart?

Sunnyvale California caller: I fell asleep, I feel like I don't sleep as well at night, so I am very, very tired by the time I get into meditation. Does it still work? Am I still going to get the effect?

Wayne: That is a good question. I would recommend that you read the book Getting In The Gap. I talk about that in that book. The whole thing is that there is no wrong way to do meditation. There are no rules about it. It is unique, every time is different and unique and each person who does it is unique to themselves as well. It is very hard to write rules about such a personal thing. To me it is about making conscious contact with God rather than relying upon someone else to do it for you, a church to do it for you, or an organization, you take responsibility for making conscious contact with God. If while you are doing this meditation, you find yourself dozing off, let yourself doze off. Your subconscious mind is absolutely working. It never goes to sleep. If the sound is going in there you might think that you are asleep but the fact is that you are in that state, the state that precedes deep REM sleep. You are getting just absolutely as much out of it. Sometimes going to sleep is the best thing that you can do while you are meditating because then you don't have the constant input of the egos demands and all of these thoughts, thinking about all the things you need to do, where you have to go, what somebody did to you, and so on. You are reaching that interior space. I love to quote from Herman Melville in Moby Dick, especially living out here in an island. He said, "For as this appalling ocean surrounds the verdant land so, in the soul of man lies one insular Tahiti, full of peace and joy but encompassed by all of the horrors of the half known life." The joy and the peace that is deep inside of you, it is the stillness. If you look at the

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the aware show

Lisa
Garr



surface of the ocean it is all where the storms are, all of the disturbances are, it is where the rain comes, it is where the dirt collects, and so on but when you go deep down into it and you get to the stillness, that is where you are attempting to go when you do this. Sometimes a few moments of sleep in there are even more valuable. There is no way of accessing if it is valuable or not. What you are really doing here is using your mind to get past your mind. That is why it is so difficult for most people. Then again, Blaise Pascal, the great scientist said, "All of mans troubles stem from his inability to sit quietly in a room alone." Most of us just are not good at that. So if you go off for a few moments while you are in there, be thankful for that.

Lisa: That is very a very universal question Sue. A lot of people ask that. It also happens in the early phases of meditation, which you said you experience. You said that you were kind of new at this, right?

Sunnyvale California caller: I have been kind of experiencing finding my spiritual path over the last five to six years.

Lisa: What I experienced was that it eventually all blends together. The conscious state and the unconscious state become one in the place of meditation and that is where that true growth begins. That is really where you are crossing between both worlds. I have gone through that too. I know that Wayne has been meditating for 50 years.

Wayne: Not quite that long. I was introduced to it in my 20's but I have been doing it for about 30 years now.

Lisa: Does that happen to you as well? Thank you for your call Sue. Does that happen to you as well where you have a transitional experience? I mean, so much is happened to you. Where do you come up with all of this amazing stuff? Do you do any particular mind exercises to keep you mind sharp and alert? All of the recall that you do, with all of these quotes, just in talking to you for an hour, you have so many things at your fingertips and your recall is amazing.

Wayne: I just believe that I am God. I really believe that I am a genius. We are all born geniuses but like have a tendency to de-genius us. We start to think that we are not as capable, we start comparing ourselves, and so on. I just believe that within me there is a divine place within me and it is capable of all things. When I go to speak or do an interview such as this, I just rely upon that inner knowing. I am capable of all things. Once you know that and experience that then you start acting on it. I don't do it to show off; I don't do it for any of that. I do read a lot and I think about these kinds of things. I

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the aware show

Lisa
Garr



don't ever watch things that have violence in them and I don't spend a lot of my time watching frivolous movies or listening to harsh music. I treasure my time.

Lisa: I ask you that because there is someone who wrote in a question, Linda, she says that she has noticed forgetfulness. She is 67. She has noticed forgetfulness, Alzheimer's, memory loss. How can the training of accepting and being open and receiving of all things, work for her? I think what you are saying is that it is the opposite. You don't accept it.

Wayne: Not only that, I have been saying it since I was in my 20's, I will not get Alzheimer's, it is not possible for me to do that. One of the things that I learned in my 20's when I was studying for my PhD is what happens to us when we older, the number one factor that determines how our life is going to be when we are in our 60's, 70's, 80's, and 90's is what we believe when we are in our 20's, 30's, 40's and 50's about what old age is. If you start believing when you are younger that you are capable, that you are not going to deteriorate, that your body does not have to slow down, that you don't have disintegrate, have your skills lessen, and your memory does not have to go. If you just start saying, I am not going to ever let an old person move into my body. I have been saying that, if you look back at my lectures when I was in my 30's and 40's, and they are all out there, you will hear me saying those things over and over again. I would say to people, just say it is not possible for me to have this. I would also recommend to this person that she read a Pam McDonalds book, The Perfect Gene Diet. We are now finding that by finding out what type you are, you can do this through a simple blood type, and making your diet inherent with your genetic blueprint and keeping it aligned in the proper way and eating the kinds of food that your body demands. You might contact Pam McDonald in California. It is called The Perfect Gene Diet. You can really shift a lot of these things. That is an epidemic. It is basically an epidemic of belief. We are starting to see people who are diagnosed with this disease can really start to slow down some of the debilitating effects of it by just changing around the kinds of foods that they eat and what we put into our bodies. Our body and our brains are fed by the food that we put into it.

Lisa: And in your case, the not food.

Wayne: Well I have lemons and maple syrup that is food.

Lisa: There was a woman who got on the call an hour before we started and I just want to see if she is still there.

Wayne: Okay, let's take her and then I have to run.

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the aware show

Lisa
Garr



Lisa: She is from Guelph. Do you remember our Guelph call?

Wayne: Yes I do. In Ontario.

Guelph Ontario caller: There are so many things Dr. Wayne. You have been a blessing in my life since I was 19 years old. There are certain books that you carry with you as your comfort and I come from a childhood of quite a bit of abuse. Those are stories, they are not me. I now understand that they are part of my journey. They are part of all the experiences that I have gathered to be able to empower me to do what I need to do in my next step of my journey. I am an artist. My art is what got me through a lot of very dark and very hard times. I paint from my heart. I am very intuitive. I paint for children. I think that heals the child within as well as the children. Your book just makes me want to giggle. I have not seen it yet, I am so excited I can't wait. I had an experience today where I was told about a young teenage boy who was born as not very attractive. I was very disturbed when I heard the description of him and realize that this is what he has been experiencing throughout his life. He had a classmate say something that was not kind to him after he had accidentally spilled something on one of his friends' shirt and he went home and hung himself. He texted two of his friends before he did this. One of them had the insight to show it to the father and they raced over and broke down the door and they ended up saving this young boy. His first reaction to his friend was why did you do this? I wanted to end my life. He was not breathing, they brought him back to life, he has now gotten help. I just wept and sobbed because I realized it is not at the teenage stage that we need to help these kids it is when they are little, so they don't get to that chronic state when they are teenagers. People judging them and calling them ugly. It affects them to a point where they don't want to be here. It resonated so deep within me and I realize that with your story, Dr. Wayne, I had not even thought of becoming a foster mom. Everything stopped in my life. The old jobs fell away. I haven't know what I was going to do next and then this whole experience happened today as I was excited and anticipating talking with you today.

Lisa: You got on the call an hour early which is absolutely enormous. I think basically what you are doing, your inspiration that you got from Dr. Wayne's books. Right?

Guelph Ontario caller: Absolutely.

Lisa: Thank you so much for sharing that. I so appreciate that.

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the aware show

Lisa
Garr



Wayne: Not only when children are little but even when they are in utero. I often at my talks, I have the pregnant ladies come up and give each of them a copy of one of my children's books so they can be told how wonderful, loving, and grateful I am for just being given the opportunity. You know that Father's day is coming up next month and my kids love Father's Day. If you ask my kids what is your favorite holiday, they say that it is Father's Day because for the last great number of years I have written checks to each one of my children and written them a letter. I give them very large checks thanking them for the opportunity and for the blessing that it has been to be entrusted with the responsibility of fathering you and I thank you for it. That is how much I adore them. That is always my gift back to them on Father's Day rather than asking them for a present.

Lisa: That is so beautiful. Thank you so much for your call. It is so sweet. You have truly inspired millions. You know this. I don't have to tell you this, but there is an enormous amount of gratitude coming through the phones and questions for you. While I wish we could get to everybody, we got to a lot of people's questions.

Wayne: We did. Let's do it again.

Lisa: Yes, lets. Also for people to get their even deeper research and deeper reading and experiences with the meditation CD's and the books and so forth. The offer that we are offering here is defiantly going to have to end this weekend because it goes all over the place with his PBS specials, Hay House, and so forth. If you went anywhere you would find this offer for double the price and also you would not be able to find The Aware Show CD's, the recordings anywhere else other than right here. This is only for you, for The Aware show listeners. I just want to say thank you. This is the gift that we give in terms of being on these calls, this deep discount so it becomes accessible to you and in turn you share the products with other people. Give them as gifts; be inspired like the people that have gotten through on the lines as well. Thank you so much Wayne. You are again.

Wayne: Oh, thank you Lisa. I love you and all of you out there, I love you. That is all I have in my heart these days.

Lisa: I can email you some of the other questions that were coming in through here. They were really incredible questions. So you can see the pulse of where people are at as well. Awesome, awesome stuff. Thank you for spending time with us again.

Wayne: My pleasure. I love you dear.

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Lisa
Garr



Lisa: I love you too. Thank you so much Wayne and I will talk with you soon. Dr. Wayne Dyer. Such an inspirational person and really has the tools that has helped so many people get through major challenges in their lives. What I have seen today and what I have experienced is that every single thing that came through on the calls and the questions as we learned are limited by our own thinking. To spend over an hour with Wayne to see where he guides people, it is all about our thinking. It is all about when you change the way that you look at things, the things that you look at change. There are so many different examples in history, which he documents in the Wishes Fulfilled with the I Am discourses. Get the offer. It does go away in two days. It is a deeply discounted offer. I mentioned this earlier in the call. The second offer there, you really do get not only the pass to the I Can Do It Conference, which is going to be sold out in Pasadena. I am going to be there with you guys in Pasadena when Wayne is there at the I Can Do It Conference. That second offer there gives you a pass to the I Can Do It Weekend Retreat, 30 other speakers are going to be speaking, all Hay House authors, during that retreat and you get an autographed copy of the book wishes Fulfilled. Then you get to take home the speeches. All of the speeches. That would be an additional \$200 to 300 if you go to the event. That is a huge value right there. It is deeply discounted. This will be something that you really want to purchase because it does not exist anywhere else. Take advantage of both of those offers there. The first one is all of his products and then the CD's for the Aware Show interviews and the second one includes all the products, the event, the speak key, and the special lecture that Wayne is doing. Go to www.theawareshow.com/dyer. I thank you all so much for joining me today. Continue with The Aware Show Teleseminar calls up again next Monday at the same time, 1 o'clock PST. It is because of you that these calls happen. Thank you so much for your energy, your participation, and your healing. Now go forth and prosper. Until next time, I invite you to stay aware.