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the aware show

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THE AWARE LIFE TELESEMINAR

WAYNE DYER

5/14/12

Lisa: Hello and welcome. I am excited to have everyone on this call. The response and turn out for everyone on this very first The Aware Show Teleseminar call of this year. The response is incredible. I am so deeply, deeply grateful for you all being on the call. We are going to set a little bit of intention. Just by showing up on this call you have intended to be here. If you are just here to listen, know that this is a very intensely energized call. The frequency here that you are matching, the vibration that you are coming in on is so high, so inline, and so perfect. You are going to see that unveil during the call. I pulled some angel cards before the call today and I want to kind of bring those in for this intention that I am going to set right now. I just ask everybody that is on this call right now, we have almost 1000 people, I just want to ask you to sit, if you are in a seated position, ground, say hello to the inside of your head. To pull your energy in from anywhere else that it might be right now, if it is the past, the future, or on the freeway, just pull it in right now wherever you are listening and ground into your body. Connect. Be aware of what is around you. The energy, the frequency, intention, the people, the alignments that have happened in order for this call series to come about is the highest that I have ever felt it. This is the seventh season of The Aware Show Teleseminar series. This is the most aligned energy that I have ever felt. I am so grateful to all of you for being on. I am going to ask you now to let go of any stress that you might see in your life. It is an illusion of stress because that is all that it is, an illusion. Allow yourself to be free in this moment from that stress. Allow yourself to feel this moment, right here in present time, allow yourself to express all of that freedom that you have and be creative. Right now is the most critical time in history to decide what it is you want, what your intentions are, and your commitment to that freedom. Now is that time to decide that. I have interviewed so many incredible New Thought leaders, incredible people in this personal development New Thought industry that say that this is the most critical time in history. Whatever it is that you are doing, if you want to write a book, if you are an energy healer, if you are stuck in a relationship, whatever it is, wherever you are right now in life, know that there are possibilities. That is the whole point with everything that I have ever done with The Aware show for the past 12 years is to open people's minds to the portal of possibilities that are out there, that are available to you, that all have to start with one person, you. No one outside of you although these

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great thought leaders that we are going to have on are going to help you and expose you to all of these great new tools. You are ultimately the one who needs to decide what it is that you want. Before the call I pulled some cards, some angel cards, for the call that opened up the energy for the call. They were beautiful. The meditation that I was just doing was to those angel cards. The cards were let go, freedom, creative expression, energy healing, and books. I love that. This is how you connect with your life purpose is by understanding that we have these tools, these freedoms, available to us. They basically provide the energetic background for this entire call. I want to do one more thing with your intention. We are going to get to Dr. Wayne Dyer in just a second. He is joining us live on this call from Maui Hawaii in just a second. Before he gets on with all of his wisdom, I want you to be able to set your intention, right now. I want you to close your eyes and imagine a gold triangle. That gold triangle is in front of you up above your head about two feet. I just want you to imagine that triangle. The triangle does not have hard edges it has bright edges. It is glowing beyond its edges. It is actually overflowing with this gold energy, with this gold light. It is overflowing with gold energy. Inside that triangle I would like you to place your intention. Inside of that triangle. If you do not know what your intention I want you to place in that triangle the feeling that you want from the intention. Do you want clarity? Do you want love? Do you want abundance? Do you want connection? Do you want all of that? Do you want freedom? Looking at your questions that are coming in they come from wanting to heal other people, businesses, etc. This is all I want you to set in there. The intention of what you want to create for your life. What it is that you want to create for this call? What it is you want in this particular call? Do you want this to happen in a quantum time frame where it could happen at any time or it could happen simultaneously to other things that you are creating? This is one of the things that we are going to talk about with Wayne. He really is amazing with creating parallel universe. He and Deepak Chopra were the ones that taught me what it is like to do this. I have been experimenting with this for a couple of years, about parallel universes and how to create within those parallel universe time frames. I remember when I was in an interview with Deepak Chopra on one of my radio shows here in Los Angeles and he was talking to me, it was an interview about super heroes. He has his son Gotham Chopra had just written a book about super heroes and he was talking about quantum reality and what reality do you want to create for yourself. He said to me, "Lisa, if you were to be a super hero who would you be? Which super hero would you be?" I said I would like to be able to be in multiple places at once. He said, "Well you can." How do I do that? He said, "Look I am doing it right now. I am in multiple places at this very moment." He was on the radio with me, sitting in front of me talking to me and at the same time, other things were being created at the same time around him. That was the way that he set things up. That is the way that he creates his reality. Wayne does the same thing. He lives in a parallel universe philosophy. It is mostly because of what he has learned. Lately he has been studying the I Am

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discourses and he has been touring with a woman by the name of Anita Moorjani. Anita's book is on our special offer. He has been touring with Anita talking all about near death experiences which opens up the whole conversation for a parallel universe. Wayne is on the line right now, ready to join us. There he is. Dr. Wayne Dyer.

Wayne: Hi Lisa.

Lisa: How are you?

Wayne: I have been listening to you for a long time. I have been waiting for you. Here we are. How are you?

Lisa: I am great. I am fabulous.

Wayne: I am in two different places in the same time right now.

Lisa: It's like where is Waldo? Where is Wayne? You are right here. I was just talking about this. I have so many questions for you. There are over 1000 people on the call right now. We are representing over 30 different countries right now and all on live. Welcome to you audience. It is highly anticipated for you to be on the call. Let me ask you real quick about a conversation that we started a little while ago that we have been continuing on radio about parallel universes. I am going to dive right in with you. You have opened my universe to what it means to create on multiple levels. You have been doing this ever since you were born without knowing it. Specifically, within the last couple of years you have been talking about this. I know specifically that you just had a birthday. That is one thing that you are doing. You are creating, using in a parallel way. Happy birthday by the way.

Wayne: The best way to explain it is to understand what our capacities are is to look at what we are able to do for 1/3 of life while we are in our dream state, when we are sleeping. I had a dream the other day, my wife was in the car, a van that we had maybe 25 years ago, all of our five youngest children were in that van. They were like eight, six, four, two, all little babies and young little girls. In the dream, I was in the house and she was honking the horn for me to come out and on the way out there I was talking to each one of those children that are in this age that they are now. Skye who is now 30, I said something to her. Serena was there and I reached into my pocket and gave her \$100 because she had to go some place, my son was there, and all of these people from 20 to 30 walked into the door and into the van and there I was with all the same children only they were just little babies. All of it made perfect sense to me. In the dream. The only way that I knew that I was dream was when I awoke. The only way you will know that

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you are dreaming about the limitations of this world that you are in is if you awaken from this dream. That was what I was living right then, in that moment, was this parallel universe. I woke up and I got up and I had to get out of bed because I was just so fascinated by this and I just sat down and I was just contemplating, oh my god, what did I just do. I just went from someone who was 25 years to being five years old all in the same dream, all at the same moment, and there was not time. If you read Anita's book, *Dying To Be Me*, which is what you say is a part of this wonderful offer that you are making here today, w is an unbelievably beautiful price as well, the possibilities of being able to get outside of this reality that we find ourselves in, with all of its restrictions and all of our beliefs that our senses are the things that determine our reality. That is what we have come to expect. William Blake had this wonderful line in one of his poems, explaining that the idea we are led to believe a lie he said, when we see with not through the eye which was born in a night to perish in a night while the soul slept in beams of light. That line makes so much sense to me because we have a tendency to believe that everything we see with our eyes is what our reality is. As he points out in the poem; our eyes, our senses, our physical apparatuses was born in a night to perish in a night. As you see through the eye then you see from the place of the soul. The soul is the part of us that is infinite. Infinite means that it never begins, it never ends, and it does not stop any place. It is not finite it is infinite. That place, when we get to that place, and are able to do that, we can create all of the multiple realities that we want. We can create any reality for ourselves at any moment.

Lisa: You talked once about manifesting something from a dream state and then just having it show up. The questions that are coming in are all about people in a lot of pain. One person in particular, Georgette from Texas loves the show, everything you have she has read, but yet her husband and children are always so negative. Every time she comes out of this blissful state of listening to you on a call, CD, or reading a book she comes back to an environment where there is negative language that people could possibility not understand. There are many different questions around this about peoples work, etc.

Wayne: Let's take Georgette. One of the things that I am always reminded of when they speak about Jesus was that when he would go into a village just his presence in the village and nothing more would elevate the consciousness of everyone in the village. You have a chance to be Christ-like. To be Christ-like means to be a person who raises the consciousness of those around you. Patanjali put it this way, when you are steadfast, steadfast means you never slip, all you have to give away is love. When you are steadfast in your abstention of thoughts and harm towards yourself and others that all living creatures will cease to feel fear. You have the ability, the capacity to be a person who no matter what it is, you see your children, your husband, neighbors, the world, or whomever, you do nothing but give love away. That is all you have to do.

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It is not because you are such a transcendental being; it is because that is all you have inside of you. You have decided that is what you are going to be. I don't know if I talked about this on the show with you Lisa but it was a very interesting example of this. Someone recognized me and I brought them up to my place here on Maui and I gave them a book and I gave them a copy of the movie that I had done called *The Shift*. That is what I always do. I said Portia DeRossi is in the film. I said do you know who Portia DeRossi is and she said no. I said well she is married to Ellen DeGeneres. I was honored to be asked to marry them so I performed the marriage ceremony for the two of them. She looked at me and she said, "And you are all right with that". That was her reaction to it. This is very relevant in terms of what the President has just come out saying; it is all over the news and everything. So now there was a time when if she said something that I would go into a rant. I would just give a long lecture and I would say who are you, who are any of us to say what someone else does with their own private life. If someone loves someone else it does not change anybody's life and we...blah, blah, blah. I would give the whole long reasoning for the way that I was thinking. I do not do that anymore because that is not who I am any longer. I live from a place of divine love. I said, "Yes I am because the only thing I have to give is love and I have love for everyone." I put my arms out and I hugged her and that includes you even though you do not agree with me. She walked out of the room. I don't know what she is going to do with it. She may have tossed the movie into the trash. It didn't make any difference to me because I was recognizing something in myself; that regardless of what somebody brings to me in the form of disagreement, anger, prejudice, judgment, condemnation, all of these kind of things that I oppose, I was able in that moment, spontaneously, able to give love instead of a lecture or instead of being angry at them and so on. I have always believed that no one else can bring you down because of their contrary opinions, beliefs, attitudes, or their prejudices, and so on. Lower energy cannot take higher energy and bring it down. The only reason that you are down, upset, hurt, depressed, and so when these things happen is because you leave your elevated place of love and join them and get upset with them for not being the way that you are. They are not the reason for you being upset. You just make a complete shift. That is what *Wishes Fulfilled* is all about. It is about placing into your imagination what it is the kind of life you want to imagine yourself to have, the kind of person you want to be, and then assuming the feeling of that and living from that place until it becomes so ingrained in who you are that nothing can bring you down. Not only can nothing bring you down, but you find yourself when you are in those kinds of circumstances, elevating other people and making them less prejudice, hateful, angry, depressed, and so on.

Lisa: That is when you know that you have really learned it. Absolutely.

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Wayne: Absolutely. When you live it and you are able to send love. I think all of those people out there who are any and upset, those who you think are bringing you down, they are just angels in disguise. They are your greatest teacher. Your greatest teacher is the one who shows you where you have growth yet to come.

Lisa: That is what I love about what you talk about is that your message is really simple. It is the practical application of it that takes practice. It is when you get stuck in this place, like this particular person, Mary from Houston. She does not know how to stop smoking cigarettes. She said she hates herself for it. She makes her angry, sick, and disgusted. She says on here, "I am serious. This is not a joke". She wants help but she does not know how to get out of her own way to help herself. I get that.

Wayne: Who is it? What is her name?

Lisa: Her name is Mary.

Wayne: It such a simple thing. You are listening to a man who has had many addictions. I was a smoker. When I grew up I lived in a world where everybody smoked. All of my brothers did and everywhere I went people smoked. I have done drugs. I have not had alcohol in 25 years so I have overcome that kind of thing. Sugar was something that I was finding myself addicted to. The only way that you overcome any addiction, the only way, is through a process called "cold turkey". Ultimately in the end, you know you can get patches, you can get someone to help you, but the ultimate way that you quit smoking is that you stop putting cigarettes in your mouth one cigarette at a time. Just make that conscious decision that this is what I am going to do. I am not my body. You create a new reward system. The reward system that you have now for when you have a temptation or a craving for something called nicotine, how you reward yourself for that craving is to give yourself a cigarette, which is a self punitive thing that is going to kill you. It is defiantly going to kill you. If you don't want to live you continue making that decision. Now if you want to reverse that system around, you don't need to go to a therapist, you don't need to get patches, you don't need to do any of that. What you do is start rewarding yourself for being the divine, strong person that you really are. Every time that you have a craving for a cigarette, instead of rewarding yourself with something that is going to kill you, you reward yourself with a pat on the back and say, look at you, there you go again, look how strong you are. You are stronger than any cigarette. Create a new reward system. As you do that it gets simpler, simpler, and simpler. I know this. I have a daughter right now who smokes. She is the only one of my kids that ever smoked. She started smoking when she was about 14 or 15 and she is 28 now. She is on her third week. She made up her mind that she was no longer going to be in a place in her life where something external to herself was stronger than she was. She was God. She had God within her and she was going to rely upon that. That is how you overcome

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addictions and there is no other way. You stop putting cigarettes in your mouth, one moment at a time. Don't tell yourself that this is difficult. Right now Lisa, I don't know if you know this, I am in the midst of a cleanse. We talked about it over the weekend.

Lisa: You told me about that on Friday.

Wayne: I am doing a Master Cleanse. I am training myself to be stronger than I ever thought that I was before. It is really an opportunity for me to see if I can live in a God consciousness. Fasting is one of the things that I am practicing more and more in my life. Now I am going to do a ten day fast. What happens is that we train ourselves, the inner selves of our body by saying that I am going to give you food; I am going to give you too much food. I don't know if you saw the USA article in the paper the other day that by the year 2030, the year that I turn 90, 42% of the American population will be chronically obese. In 2030. That is less than 20 years from now. That means that almost one out of every two people will be chronically obese. One of the things that we do is that we do not understand this body of ours is controlled by the thoughts that we have within it. So are the organs inside of us. This is true of quitting smoking as well. Inside of us are the organs, our stomach, our digestive tract, our colon and such keep getting told all the time, I am going to give you food. I am going to give you food. I am going to give you more food, more food that you need. It is going to ferment, it is going to rot, and it is going to stay inside there. If you start training the cells of your body, your stomach and so on, not to depend on something external to itself, your cells start to get lazy inside. You want to get those cells acting strong. This Mary is one of the great challenges of your life. You don't need help with this. All you need is to recognize who you are is God. Who you are is connected to the divine source that can handle anything. Just do it from there.

Lisa: You have such a beautiful intention when you say that; all you are is God. Those two little words; I am. That means so much. If you click on the website. I forgot to tell you where to go for this call. If you go to www.theawareshow.com/dyer you will see there a hub for everywhere to go. This is your portal to into all things The Aware Life. You obviously already figured out how to ask questions, which I am asking as we go on through this call. There is an enormous offer here that we worked really closely with Wayne and Hay House over the weekend to perfect and made it completely available for you guys. Wayne Dyer has been all of PBS and QFC offering this special. Just because of our relationship with Hay House and with Wayne this is deeply discounted. If you are looking for a way to stay inspired, to get the information, there is so much in this particular package. We will go over this in just a minute. If you click on the special offer there www.theawareshow.com/dyer you will see what that is. It is an amazing discount.

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There is a little book in there called, I Am. It is one of your children's books to make it simple. How do we use those words, I Am?

Wayne: That is very important and it is a big part of this entire project. I have that got that in front of me right now on my iPad. I am looking at this amazing offer that you are giving.

Lisa: You are usually not connected on those types of things.

Wayne: I know. My kids said, "Dad this is the 21st century, come on. Get with it." So they got me one and they have trained me. That is a wonderful offer with both of those books. Experiencing the Miraculous is an amazing, amazing four DVD's.

Lisa: What happened there? That four DVD set, Experiencing the Miraculous. What is that?

Wayne: I took 162 people to Lourdes, Medjugorje and Assisi and lectured in each one of them. We filmed every one of the lectures and the entire trip. If you never get the chance to go to the divine places we show you the miracles that took place there. It was an amazing, amazing trip. We filmed every bit of it.

Lisa: That was the last time that you are going to do that trip, right?

Wayne: No, I won't be going back. I have been to Assisi three times, Lourdes twice, and that was my first time at Medjugorje. We also have a seminar in there. We have meditation. You were asking about the words I Am. They are a very important part of this process of understanding. When God spoke to Moses in the Torah, the second book of the Torah, in the book of Exodus in the Old Testament, Moses has sort of been assigned as the special person to go and free his people and he says, you are telling me to go free these people, but who are you? Who is this that is talking to me? God says to him, the only place that he gives his name, my name is I Am that I Am and this shall be my name for all future generations. This is the Holy name. I Am that I Am. Every time that you use the words I Am, you are really using the name of God as reported in the most ancient spiritual text on the planet today. In the Old Testament it also says, let the weak man say I Am strong. For the woman Mary who was asking how do I quit smoking, one of the things that you say is I am addiction free. I am a non smoker. You just say it. Even if your body, even if you still see yourself smoking, you still make the declaration, I Am that. Everything that now exists was once first imagined. Everything that is going to exist in the future must first be imagined. Your imagination is really the preview of your life's coming attractions. Moses did not hear from God, I hope things work out for you. He said my name is I Am that I Am. I am all things. Every time you say the word I Am and you say it, I am depressed, I am sad, I am poor, I am unhappy, I am discontent,

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and I am unlucky. Anytime you use the words I Am, you are using the name of God. It is not possible for God to say I am depressed, I am sad, I am hurt, I am weak. You say the words I Am, you are using the Holy name of God. That is your highest self. The highest place with you. It is not this body that you are in. How many bodies have you been in for God's sake since you showed up on this planet? I was in this 20 year old body and that was 50 years ago. I believed that's who I was, now I am in a 72 year old body and I believe that this is who I am. The I Am just continues to occupy more, and more, and more bodies. The part of me that is real is the part of me that simply never changes. The I Am never changes. It is birthless, it is deathless, and it is infinite. Live from the place and begin to place into your imagination these kinds of statements and then assume the feeling of that. That is all explained in so many of these products that are offered here in this wonderful package that you have put together.

Lisa: That is why the offer is so great because we get constant reminders. There is a woman that just typed in something that I thought was very profound. This is Debbie from Edmonton, Alberta Canada. She said, I am on antidepressants. When you say something like that does that then cancel out the presence of your divine and confirm the negative.

Wayne: Yes it does. Remember Debbie, your imagination is yours. No one can have access to your imagination. It is strictly something no one can tell you what to place in there. It is strictly yours. You are allowed to say something in there. Here is the problem. You have come from a set of beliefs that tell you that reality is determined by what your senses tell you. Your senses are what you see, what you touch, what you see, what you smell. This is what your senses tell you. You look at that bottle of pills that you take and you look at yourself and you observe it and you see them, you smell them, you touch them, and you say, this is my reality. But in your imagination, which is where all changes are going to take place, you can say something very different. I am not depressed. I am content. I am happy. I am free of all addictions. I am free of all medications. You just say that. Even if your body continues to take them, you can begin to say to yourself, I am free of the need of all prescriptions. I am not depressed. I am content. Eventually as you begin to do this you assume the feeling of that wish fulfilled. All of this I explain pretty carefully in these books and in the seminar. Once you begin to experience the feeling of that within your own body, you will start acting upon that and ultimately you will start retraining it in your subconscious mind. Your subconscious mind is the part of you that believes that your reality is dictated by what you see with your senses. You can change that. You can shift that around. One of the most important things that you can do is, tonight before you go to bed, in the last five minutes that you awake, is to review whatever you placed into your imagination. In other words, don't use

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the last five minutes before your about to enter in your subconscious mind and marinate there for the next eight hours. Don't use that to go over all of the things that are wrong, all of the things that are making you depressed, and all of the reasons why you have to continue taking these medications. Instead, use the last five minutes that you have as you are about to enter into your subconscious mind and marinate there to go over everything that you have placed into your imagination. I am content. I am free of all medications. I am able to handle anything that comes my way. I am a happy person. I am fulfilled. I am love. I am kindness. Just reprogram your subconscious mind. Now when you awaken your subconscious mind can't make a distinction between what is going on that you see with your senses or what you have placed into your imagination with your mind. It will then begin to align with the universal subconscious mind which will line you up with whatever you have got in your imagination. If you are looking for things to go wrong, if your believe is that this is a world that does not support you and makes you depressed and unhappy, then you will align yourself with that because when you change the way you look at things, truly, the things that you look at change.

Lisa: I love that phrase.

Wayne: If your imagination has been placed on a new intention which is I am free of the need for these antidepressants and you begin to tell yourself this, ultimately, they will no longer be something that you feel or have a need for in your life.

Lisa: Say that again. When you change the way that you look at things, the things you look at change. That is not just a clever play on words. That is the quantum truth. Deepak often says that quantum physics is not only stranger than you think it is, it is stranger than you can think.

Lisa: That is true. I actually just spent some time with Fidel Wolfe and he broke down the vibrational frequency of the words, I Am that I Am, the Hebrew phrase. He showed the physical manifestations that vibrate from those words can form that of the frequency of a table.

Wayne: If you look at in your package that you have before you, you look at the thing that is called the I Am Wishes Fulfilled Meditation. There are three tracks in there. The first track in there is my explaining how this works. The second and third tracks are the actual sounds equated with the correlated letters from the original Hebrew which say I Am that I Am and they have somehow through Jonathan Goldman, through his sound work, they have somehow been able to say that this letter corresponds to this sound. They have reproduced those sounds and those two tracks are the exact sound of the name of God; of God speaking. That is the sound that I mediate to every single morning and every single evening before I go to bed. It is a very, very powerful meditation.

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Lisa: Very powerful. This is within the special offer. If you go to www.theawareshow.com/dyer and click on the special offer that is what is in the offer, is that meditation. It is all about getting these practical tools into your hands. Of course, Wayne Dyer has been teaching for over 40 years now. All over the world and all national television. I love that you are getting these tools into people's hands to make what they want to create for their lives practical. What I see mostly here is that people are trying to get out of pain. But what I don't see is what they want. What they want. If you guys are with me here, I have almost 3000 people now that we are talking to on this call. I want you to start typing in what you want. We don't get this chance throughout our day. I want you to send me one or two sentences there. I want...blah, blah, blah. My intention is...blah, blah, blah. I want you to put it in writing. I am going to read a few of these on the call. I want you to physically put this in writing. When you change the way you look at things, the things you look at change. Let's work on these sentences while we are on this call here. There is a question box there on the www.theawareshow.com/dyer. What is a good way for them to write in Wayne?

Wayne: I would say, at the top of the page just write the word that. THAT. Just write that word that. When you looking at what God said his name was to Moses in the Torah in the Old Testament it is I Am that I Am. We just need to put a comma after that. Put the word that at the top of the page. That means God is saying I Am that. That means that whatever it is you would like to attract into your life you are going to call it that. So if you would like to have a certain job, if you would like to have a healing of your body. I have done this with my diagnosis of leukemia. That for me is, I am perfect health. I am in a divine relationship. I am attracting finances into my life. Whether it is a job that you want to get, whatever it might be, you become that. As you do your meditation, as you play the second and third track on that CD what you are doing is hearing these sounds which are the sounds, the sounds basically equated with what those ancient Hebrew letters mean. You are saying, when you say I Am on the in breath, it means it is coming from God. I Am that; whatever you placed on that piece of paper. I Am that. On you out breath it is I Am that I Am. That is all you have to do. James Twyman called this in his book, The Moses Code, the most powerful meditation technique in the history of humanity. To have it accompanied with the exact sounds from the sound engineers who were able to replicate these sounds. How they do it, I have no idea, but it is a magical sound. When I asked my children to meditate with me they did not want to do it. I sat down and put that on. All you have to do is go on Amazon and pull that thing up and you will see some of the reviews of what the people who listened to that sound are. It is the most magical sound. I get a massage every three days and I have that playing throughout the whole massage.

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Lisa: What a great idea.

Wayne: I just repeat, I Am that I Am. I am perfect health. I am content. I am fulfilled. I am happy. I am wealthy. I am kind. I am love. I am God. As you begin to do this the word “that” becomes what it is that you see. It is already an accomplished fact. In order to make a future dream a present fact, you just have to assume the feeling of the wish fulfilled. You just have to feel that in your body and continuously feel that until ultimately you connect with the subconscious mind, the universal subconscious mind, or what we call God, Spirit, or the Divine Mind, and it aligns with you and then you begin to change the way that you look at things and the things that you look at change. I often tell the story, a true story, that happened to me years ago when I was in Fort Lauderdale and I use to walk the beach every single day. I had just done the Johnny Carson show which I use to do on a regular basis. 37 times back in the 70’s. I would fly all the way from Florida to Burbank California, do the Tonight Show, and then fly back. People would see me; I would be walking on the beach the next morning. This happened to me, literally happened to me. A woman stopped my while I was walking along the beach. I was walking north towards Pompano Beach and a woman stopped me and she said “I understand that you live down here in South Florida. What are the people like here?” I said, “Where are you from?” She said “I am from New York, New Jersey.” I said, “What are the people like up there in New Jersey?” She said, “That is why I want to get away. They are so rude and they are not very kind, and nobody stops to help each other, everybody is just in a hurry. I just don’t like the people.” I said, “That is pretty much what you will see down here in South Florida.” I was walking back and a couple stopped me. They said, “You live down here, we are moving down here, and we are just down here looking for a place. They said, “What are the people like down here?” I said, “Where are you from?” She said, “Wwe are from the Mid West, from Chicago.” I said, “What are the people like in Chicago?” The couple said to me, “That is the Mid West, we don’t even have to lock our doors. People are friendly, everybody wants to help each other, and we just wondering what they are like here in Florida?” I said, “You are going to find pretty much the same thing here in Florida.” I have told that absolute true story. When you change the way that you look at things, the things you look at change. If you are coming to a place and are expecting people to be unhappy, miserable, unkind, thoughtless, and so on that is what you are going to find. If you expect people to be kind, loving, helpful, neighborly, and so on you are going to find that. That is true not just in where you live, it is true of everything in your life. I quantum physics, what we know, what we truly know, is the way that the way you observe an object changes the object that you are observing. When they do the quantum physics experiments and they take these subatomic particles, they have certain people observe them in a certain way and then when someone else comes along and observes them in a different way, they change what it is they are looking at.

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Literally. Literally. The observer changes particles. That is how powerful your thoughts are.

Lisa: That is amazing. The questions that are coming through here are absolutely phenomenal. They are flooding in. A lot of people saying, that....I am cancer free.

Wayne: I am cancer free; I state it all the time. I don't go to the oncologist anymore. I don't have my white blood count checked. I don't participate in that any longer. I am not telling anyone out there not to or to do it my way, but you are just interviewing me. I am just telling you how I have done it. I have been diagnosed with leukemia, chronic lymphocytic leukemia. I have been told that it is incurable; I contacted someone called John of God. He came into my life and so many other great and divine people have shown up in my life. I started believing everything that they told me. I started believing everything that they told me. Your body is going to start bruising, you will have night sweats, you are going to be exhausted, and you have to stop doing yoga because you are not supposed to overheat your body. You have to eat every three hours. There is an endless amount of things that I am supposed to believe in. Basically they all come from a place called fear which is what Anita talks about. About eleven months after that diagnosis I had an encounter with John of God down in Brazil and again in New York in person with him and he told me that I am well. I had this healing. I write about it in depth. We don't have time here, now, because it would take the rest of this show and a few more hours to tell all that has happened. I have talked to you about them. You know what they are. Since that time, I have gone back to yoga and in fact I actually had a voice, I heard an absolute voice say you don't have to avoid doing yoga. Go back. After eleven months I went back and I am now doing yoga four to five times per week, 90 minute yoga classes, swimming every single day, walking long periods all the time, meditating, working at a higher level giving better talks, writing with more clarity in my life. Basically what these entities did when they entered into my body is that they took away the fear. The fear was not something that was real conscious on my part. I was not going around saying, oh my god I have got leukemia, I am going die, poor me, and this and that. I was not doing that but it was like subconscious. You hear the word leukemia and the first thing that you think of is that this is a deadly disease. It is cancer of the blood. All of the fears that we have around it. Somehow what these entities were able to do when they entered into my life through John of God is take away the fear and replace it with love. As you know Lisa, The Course of Miracles says it very clearly. There are only two emotional reactions to everything. There is only fear or love. Everything that is love cannot be fear and everything that is fear cannot be love. I had sort of a diving love

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placed into my consciousness and that is what I have been living from since that time. My body feels like it is healed. So many things that were not working in my body have changed. I just turned 72 and my body is working better than it did 30 years ago.

Lisa: It is your state of mind. It is what happens between your ears and then emanates beyond that. It is so amazing to watch what you have been able to do. I remember that you were on Oprah a month ago and then she went to go visit John of God as well. Right?

Wayne: She did. She flew down to Brazil and she went to see for herself. I had a friend that just went down there who had a very, very serious illness. As a matter of fact, my friend, Debbie Ford was with me when we went up seeing John of God. She writes about this in her new book, *Courage*. I wrote the forward to her book. She was up there with me and she had the same kind of surgery that I had had. The spiritual surgery. She is starting to heal and she is doing better, better, and better. She had some very serious cancers, very rare kinds of cancer, throughout her. Her energy is higher than it has ever been. I just got a beautiful email from her just a few days ago.

Lisa: Oh beautiful. I am so glad to hear that. The stories that Wayne talked about on John of God are in the special offer that is on there. There are five of my interviews with Wayne Dyer on the radio show and he talked about the watch and how it stopped and all of the stuff is on there.

Wayne: Is that a part of this offer as well?

Lisa: We did. We threw that in there just to make it a super sweet offer for people. It is a bonus for purchasing the special offer of my five favorite interviews with you from the radio show.

Wayne: That is enormous. That is about seven or eight hours of talk.

Lisa: Exactly.

Wayne: Amazing. I hope that you all take advantage of this. It is a wonderful, wonderful opportunity. I cannot even get them for myself at that price. I have not even heard those interviews. I understand that we are going to put them out as a product in the future.

Lisa: There are other interviews we are putting out as a product. These are the radio show ones. Yes! Wayne and I are going to have our own CD series in September.

Wayne: Oh god. We are partners now. Does that mean that we have to travel together? Do I have to do what you tell me now?

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Lisa: Darn. I love you so much. I am so grateful for you; everything that you represented in my life as my mentor, as my friend, and as my past life amazing person.

Wayne: That story, we are just sort of skirting around it because there is not enough time here. But that story was truly one of the most magnificent things that has ever happened to me in my life. One of the most astonishing revelations. I go through it pretty much in depth in that interview. It was just an amazing, amazing experience where you stopped believing in what your senses tell you and start knowing what Jesus said. It is really true. If you saw the Oprah interview, we talked about this. She said there are certain things that you cannot do. I said, "Oprah, it says right here in the New Testament, with God all things are possible. Now you tell me what all things are possible leaves out. She said, it leaves nothing out." I said, "So then we don't need to have these kinds of ideas, that yes I cannot be healed from that. ' If you look at Anita Moorjani in the book that is also a part of this offer. I always tell everyone, if you don't read anything the rest of this year, make sure that is one book that you read this year, Dying To Be Me. It is one of the most profound books that I have ever, ever laid eyes on and I am proud to have written the forward for it. This is a woman who had end state lymphoma. She was down to 82 pounds. They were waiting for her to take her last breath. She had tumors throughout her entire body and they had written right in her medical records this will be her last night. She has a near death experience and was told that she could re-enter her body and she has a very important lesson to come back and teach us. You don't have to do anything. You don't have to accomplish anything. You don't have to be anything that anybody else has assigned you to be. All you have to do is treasure your magnificence and recognize that who you are is connected to a divine source. Who you are is God. Stay in that realization; your highest, highest self. I was sitting at a table the other day and I was talking to someone and I said to this woman if you really want to understand God and how it works, put your hand on the table, spread your fingers out, and then covering up the hand except for the fingers. Can you get a picture of that? You take a napkin and you just cover up the hand part but you have all four fingers and the thumb exposed. You look at each one of these five fingers and you see that the one I am looking at the far left, the one I am looking at on my left hand is smaller than all of the rest of them. It has a little callous on it. It has a nail that is different than the others. The next finger has got its own little uniqueness itself. The middle finger is longer than all the rest of them and the nail on that one has a spot on it. The next finger, my forefinger, has a little mole on it and it is different than the others and then of course the thumb. Each one of these fingers is unique, separate, distinct, has their own identification, and so on. Now you pull the napkin away and you realize that each one of these fingers is an individualized expression of the hand. The hand

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represents God. That all of us, each and every one of us, yes we are individual, yes we have our own appearance, yes we have our own characteristic, our own personalities, but we are all connected to this thing that is moving all of that about. God isn't in how tall you are, what sex you are, what your accomplishments are, or what your personality is, God is the individualized part of you. If I was to cut off one of these fingers and say okay I just want to be separate from the rest of you and I put it over there the finger will just dry up and die. Obviously. It has to stay connected to its source and that is what we have the capacity to do. To stay as individualized expressions of God, stay connected to it, but recognizes our own uniqueness and our own individuality. But know that the thing that is moving these fingers, moving our lives, moving us about is something that is bigger than each one of the individual fingers that we call ourselves or our personality.

Lisa: So that is perfect intuition. There are a lot of questions coming in asking about begin disconnected, feeling disconnected from their inner life vs. their outer life and what is going on in terms of the crisis point. We hear a lot about this being a critical time in history. I have heard this a lot from other guests. I also know that it starts from within. What can you recommend to the people that feel that their inner life and their outer life are complete opposites?

Wayne: I wrote a book about this several years ago. It is called Being In Balance. I took nine principle ways that we find ourselves out of balance. This is what we call incongruity. We are not congruent. We have our thoughts and we know that are divine pieces of God. We know that we are individualized expressions of God. We know that inside of, not so much inside, but around us and everywhere, is this invisibleness. This interiority, I call it; our interior. The part that is birthless, changeless, and deathless, you can't touch, you can't see, you can't get a hold of. It is beyond the senses. We know that. It is the part of all of you out there listening right now; it is the part of you that is hearing this. You cannot get a hold of these thoughts and even these sounds. You cannot see them, you can't touch them, but you know that they are very much real. All of this. Then we have all of this other stuff that we have been imposed upon. Look, when you were born Lisa, you were not born Lisa Garr and I was not born Wayne Dyer and all of you out there with whatever name have, you were not born that name. You were not born Mary or Georgette. You were just born. Lisa Garr was imposed upon you by something external to yourself. Not only was that imposed upon you but all of the beliefs that you have about who you are. All of this stuff was imposed upon you. But the fact is that you were just born. You did not need any labels. The great Danish theologian Soren Kierkegaard said, once you label me you negate me. You put a label on yourself. I was born a woman. I was born a man. I was born Irish. I was born Jewish. You were not born any of those things. You were just born. You bought into all of these things. Your incongruity, you're feeling of disconnection comes from buying into all of these labels that have been just laid on you and handed to you as a result of where you born or

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what family you were born into or what belief systems were handed to you and so on. You just start to believe in all of those. The fact is, who you are, as I have said so many times, you are not a human being having a spiritual experience. It is the other way around. You are an infinite having a temporary human experience. I found it very interesting, I was watching the news the other night and there was a man on who had just graduated from Columbia University and he was 55 years old. He was in Yugoslavia back when they had all of the problems with Kosovo and Serbia and the war was going on during the Clinton administration. He was just told one day, they gave him a gun, and said now all of those people who are your neighbors and who live over here are the people that you are suppose to go and kill. He just simply could not bring it upon himself. Even though they said that this was his patriotic duty to go kill all of these people, he said he just couldn't bring himself to do it. He immigrated, he got himself a visa, he came to the United States, and he worked at Columbia University as a janitor. The reason that he took this janitor job was because they gave him 14 free credits towards a degree. He would just take one course at a time while he was doing the janitorial work there. Now at the age of 55 he said, "I just put the guns down, I put all of those beliefs down, I put the idea that I was Yugoslav and people that were from Serbia were people I was supposed to be killing and so on and I was supposed to be angry at. I just decided instead to get an education and get myself a degree." You have to do that. You just have to sweep out all of these labels. If we could do that, if we could do that as a people and get rid of our personal history and all of the stuff that we believe is what dictates what we can be and what we can't be and what reality is, just get rid of all of that and just see ourselves. My great friend, Mary Oliver, the great poet out in Cape Cod. She wrote Wild Geese and so many great poems. They asked her what her secret for living is if you want to be a self-actualized person. She said just three simple things. 1. Pay attention. Just go through live and start noticing. 2. Be astonished. Just be astonished. Just be in a state of awe and bewilderment about everything. Sell your cleverness and just purchase bewilderment, just be in a state of awe. Notice and be in a state of awe and share with other people. 3. Share with other people. Practice those three things. Pay attention, be astonished, and share it with other people and everything that you could ever want for yourself you will see manifesting and showing up right before your eyes.

Lisa: That is one of the things that we are doing today is offering, as you mentioned, the man thought got an education. One of the things that shows up for me with you, you are offering us different ways of thinking. That is what an education gives you. These types of books, CD's, and DVD's are an education for life. These are ways where you learn life skills. How to deal with the judgment of others. How to recognize the love in yourself and see it in others. How to not be the effect of what other people think of you.

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We started off the call talking about this. Nobody can make you feel anything. You are responsible for the way that you feel and show up. This is how you get to that place of setting the intentions. First of all I want to mention that this offer is exclusive to The Aware Show. This is not offered anywhere else. This was put up on national television for twice the amount. It is less than 50% discounted here. This is exclusive in terms of the discounted price. Also we have thrown in the recordings from the Aware Show that we have done on the radio here at KPFK with Dr. Wayne Dyer for the past five years. That is also incredible material. If you go to www.theawareshow.com/dyer just for purchasing that there is for staying on the call here there are thank you gifts on there for you as well. Just for you being on the call there are thank you gifts. I want to mention that this offer does go away in a very limited amount of time. It is only up there for a few days and then it disappears. I want you all to know that. I don't want to be in conflict with where this offer is offered everywhere else at the sale price. Just because of our relationship with Hay House and with Wayne we have been able to deeply discount this for you for a limited amount of time. It does need to go away but I wanted to have the chance to offer this to The Aware show listeners because you have all be so incredibly dedicated for so many years in listening to these shows. You know and trust what we say comes through. Some of these are physical books, DVD's, and CD's.

Wayne: I can run through what you want if you like.

Lisa: That would be great.

Wayne: The Wishes Fulfilled which was the #2 New York Times Best Selling Books which is a book that retails at \$25. Dying To Be Me which is a book that I have spoken about. If you only read one book the rest of this year, make sure that this is the one. It a really life changing book. Especially for any of you that are dealing with death. All of us are at one time or another, dealing with someone close to us dying. I always say, when you go to a funeral you never quite know what to say. There is always that uncomfortable moment. You don't have to say anything, just give them a copy of this and know that the person that is departed is in the arms of God as reported by someone who was dying and came back. Then there is Experiencing the Miraculous which is actually four DVD's. It is a spiritual trip that we took to Assisi, Lourdes, and Medjugorje. These divine spiritual places on our planet where miracles have taken place. So many of them took place on that trip. Assisi especially. That retails for \$70. Then there is The Secrets of Manifesting which is a seminar that we held here on Maui which took two full days. We recorded every single bit of it. I think that it retails for \$65 if I am not mistaken. Then the I Am Wishes Fulfilled Meditation which is the meditation that we were speaking about earlier. The actual sounds associated with the words I Am that I Am and how to meditate to that. Then the children's book to get this message across to young people as well. The retail on all of that is more than double what it is that you are offering it for.

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That is what the package is. It is a wonderful package. On PBS you know that it goes for a whole lot more than that.

Lisa: If you look at the other offer, there are two offers on there. The other one offer all that you see in the first offer and then you get a pass to the I Can Do It Conference which is Wayne speaking live in person for a three hour lecture which is long. That is amazing.

Wayne: It goes by fast.

Lisa: I know. It is great. That is extra long than I have ever seen you speak. There is an autographed copy of the book and you also get a USB keynote of all of the keynote speeches from the I Can Do It Conference. So that is the second offer there. It throws in the ticket for the event and the USB key so that is also a hugely discounted offer. All this is here for you to be able to get this just by listening to the calls. By the way, we do want to take a few live calls here with Dr. Wayne Dyer. I know that we are running out of time. If you just raise your hand I will call on you by the city and state that your phone is registered in and you can ask a question of Dr. Wayne Dyer live. We are actually running out of time to do that. I mentioned that there is a huge announcement. Dr Dyer you are so awesome. You are donating your time on a Friday for a live Q & A call for a little over an hour of just answering people's questions. Right?

Wayne: Yes. This coming Friday. I love doing that. Yes defiantly. This coming Friday at 10 o'clock in the morning I am giving up my yoga class. I would be happy to do that. We will just take calls and try to respond individually to people. That would be great.

Lisa: I wanted to get to some calls today but we have on Friday at 1 o'clock PST 10 o'clock in Hawaii. We will send out an email for your time zone. Wayne is going to be taking your questions for a solid hour of just going to calls and answering questions. Defiantly join us for that as well because it is a rare opportunity to be able to speak with Wayne live and in person. He has donated his time on Friday to be able to get to you all and your questions. In the meantime, if you go the website which is www.theawareshow.com/dyer you will be able to see the special offers that we are talking about. Everything is listed. You can get deeper into the study of the I Am discourse which of course Wayne writes about there and the manifestations and meditations. These are all tools for taking that intention that you set at the beginning of this call and bringing it into present time. Also for getting clear around your intention. It might have shifted throughout this call. As I saw all of you send in and beautifully state your "that" phrases which were really awesome. Glad that people got an opportunity to

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do that. You really have lit up so many people on this call. Do you mind if we take a few callers?

Wayne: No. That is fine.

Lisa: Let's go to New York City, New York. Do you have a question for Dr. Wayne Dyer?

New York: Is that me? I am so thrilled to get through. I love you both. Thank you. Hi. I listen to you all of the time. You are so inspirational to me. I am just recovering from breast cancer and it is the probably the best gift that I ever had because it has really smacked me into reality. I am trying to find purpose and I know that you probably hear this all of the time. I try to quiet myself. I am having so much trouble doing that. I meditate; just getting quiet, listening to where my guidance is. I am going to stop talking and let you talk.

Wayne: This whole thing, this cancer thing. Have you read Anita's book?

New York: I haven't but I saw your special with her on there. She is magnificent.

Wayne: You have got to read her book. Get this offer whatever you do because there are two things on there right away that you need. One is her book which I really want you to read right now. Also the meditation is on there. When you hear these sounds, I Am Wishes Fulfilled Meditation, when you hear the sounds that were put together by Jonathan Goldman you will find yourself making it a whole lot easier for you to meditate. Don't tell yourself that it is difficult to meditate and that you can't get to that quiet place within you. Also Anita speaks so brilliantly and beautifully about overcoming the fear. She believes that all cancer is caused by fear and that all disease itself is caused by fear. There is either fear or love and if you are in love it is not fear and if you are in fear it is not love. We just hear the word. When I was told that I had leukemia there was instantly this jolt that goes into you. What does this mean? This means a death sentence. This means all kinds of things that we need to be afraid of. There is nothing, nothing for you to be afraid of. You have to get into a very peaceful place and realize that you came into this world exactly at the time that you were suppose to and you are going to leave this world exactly when you are called. There is nothing that you can do about either one of those things, except to decide that while you are here in this little parenthesis of eternity that is called your life, you can either be in a state of love, peace, and kindness. The peace that you want for yourself, the freedom that you want from all of these fears, want it more for somebody else in your own life. Whether it is a husband or children or neighbor. Just want it more. Get yourself into a place of knowing that the good feeling is the outpouring of love towards other things. Because that is all you have to give away.

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When you get to that place you are going to find yourself healing and feeling a whole lot better.

Lisa: So what is an example of that? If you don't mind Christina.

New York: Sure.

Lisa: What is an example of what you mean by want more for other people than what you want for yourself?

Wayne: Most of the time we think about ourselves all of the time. This is my body and I have this cancer and I have to overcome this. Try to get your thought off of that and say to yourself what I want is that I want to feel healed. I want to feel whole. I want to feel peace. Want that for somebody in your life, particularly somebody that you may have conflict with. Maybe a parent of somebody like that or maybe a child. I could give an example. I was in Atlanta just a few weeks ago at one of the I Can Do It Conferences for Hay House and I was walking along, going to a restaurant at the end of the day. As we approached the street corner there was a man who was a black man who was all crippled up. He looked like he had some type of Muscular Dystrophy or something. He was all bent over. He lived on the street and he could not speak either. He just had some kind of aphasia kind of speech impediment going on. He was dirty. He actually had bugs on him and on his clothing. There were about ten of us walking by and I just looked at this man and he looked at me. My back was hurting at the moment. I had been having this back issue and my leg. I walked over to this man and I put my arms around him. I reached into my pocket. I had a \$20 bill in my pocket. That is all I had. I put that \$20 bill in his hand and he managed to get it into his pocket. Then I put my arms around him and I hugged him. As I walked back to be with the other people that I was with, a lot of these people were Hay House authors and so on, I looked back at the man and he whispered the words. He just said thank you and then he said I love you. I thought to myself, all he wanted was some kind of human contact. The entire time that I was over there, which I spent with him, maybe five minutes just reaching out. Probably nobody would even touch this man. There was no issue with my back. It stopped hurting and all of that because I was in the process of reaching out to someone. I remember hearing Mother Therese say in a radio studio that I was in Phoenix Arizona with my friend Pat McMahon, she said to Pat, he kept saying is there anything I can do, is there anything I can do, is there anything I can do for you. Finally she said that there is one thing that you can do. She said, tomorrow morning get up at 4 a.m. and go out onto the streets of Phoenix and find someone who is living there who believes that he is alone and you convince him that he is not. That is what you can do. That is what I

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mean about getting out of your own self and reaching out to someone and giving love in a place. I don't think that it was the \$20 that I gave to this man, although that was a lot of money I am sure, I think it was the expression of love. It was my putting my arms around him and giving him human contact where people were just avoiding him. It was the great lesson of St. Francis. It is a great lesson of Jesus. It is our lesson. It is one of the ways that we heal not only ourselves but our planet as well.

New York: Thank you so much. Thank you both so much.

Wayne: Thank you. God bless you.

Lisa: Thank you for your phone call. As I said, we are going to get to a full hour of calls on Friday because we did not have a lot of time to get to them today and Wayne so generously offered to spend a little over an hour with us on Friday 1 o'clock PST. You will receive an email about this, about getting your questions answered live on the phone with Wayne Dyer. I love how you have said in the past Wayne that your leukemia diagnosis is part of your mission on this planet. I have to tell you. I have never heard you so clear, so calm, so focused, and uncluttered. Your voice is really just so pure. It is wonderful. It is so beautiful. I see only health in you when I look at you.

Wayne: I feel that way as well. As I said to Christina it is really about getting out of your own ego and just reaching out and being an instrument of love. The misers love for his gold doesn't come from the gold it comes from the outpouring of love toward the gold. It is the outpouring of love towards others that gives us our peace not what is out there that we think we need to bring peace to us. It is in finding a way to have an outpouring of love towards everything and everyone and stay steadfast in that. That is what divine love is.

Lisa: That is the beauty of your teachings. I want to get to this one last caller because I accidentally cut them off last time and then we will take a break. In Guelph Ontario do have a question for Dr. Wayne Dyer?

Wayne: My mother was born in Hamilton and my father was born in Ontario as well.

Ontario: Oh Wayne. I love both of you and I am so blessed to be able to be talking to both of you right now. Thank you so much. My question for you Dr. Dyer is when you are doing and listening and you are being the I Am and you have what feels almost like a subconscious sadness. How do you identify something like that when you have tried different things to heal it and it does not go away?

Wayne: Sadness is just a choice. It is just the way that we have chosen to process things in our lives. The way to fill yourself with love is to go to that state of meditation.

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Blake Pascrell the great French philosopher and scientist said that all of mans trouble stems from his inability to sit quietly in a room alone. You have everything in this world to be grateful for. What I learned in reading the I Am discourses and studying them for putting them in Wishes Fulfilled. St Germaine said that the average person does not spend 15 minutes in a lifetime to just sit and be in a state of gratitude for the I Am presence that they are. For their very essence. Not for what they have, not for what has come to them, not for their families, not for all of these things but for just the very fact that my life has nothing to do what this body is. My life is my connection to God. To stay in a state of appreciation for that and recognize that. Your highest self the place within you. Have you read Wishes Fulfilled?

Ontario: Oh my gosh, I am half way through it. It is absolutely beautiful.

Wayne: I think that is what the scriptures were really teaching us. That all of us, we really are Gods. When we recognize that within ourselves, there is absolutely no need for sadness any longer. Just subplant that sadness with love. Love for anything. Like I am looking our here right now and in about five minutes I am going to be out there in ocean. A love for the ocean and all the creatures that are swimming around out there. The beautiful trees. This beautiful sunny day. The clouds. The grass. For everything and everyone. Just pay attention, be astonished, and share it with other people and you will be living in a self actualized life.

Lisa: Beautiful. Thank you so much for your call.

Ontario: Thank you both of you.

Wayne: Thank you dear. God bless you.

Lisa: Again, we will take more calls on Friday and watch your email for an announcement about the time. It is 1 o'clock specific. In that place of gratitude I just want to just say thank you and thank you to the listeners for your time which I know is so valuable but what you got out of this call was about that phrase. If you just put it into a really pretty little piece of paper and stick it on your refrigerator or your mirror. When you change the way you look at things the things you look at change. Really look and study that phrase that Dr. Wayne Dyer said because it is so true. It appeals to everything that you do in your life. The I Am that I Am. There is so much here. Again, if you go to the website, www.theawareshow.com/dyer. This is a very limited time that this special offer will be there. It is all of these products from Dr. Wayne Dyer with practical use. You can take the I Am Wishes Fulfilled Meditation CD and as Wayne said you could have more than 15 minutes of setting your intention. The quantum physics is explained and why it

messages that inspire positive growth and change

the aware show

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works and then you get into the how. His book is there, *Wishes Fulfilled*, the book that Anita did, *Dying To Be Me*. I have a friend who is having a fight with cancer and she is doing an amazing job in her second round of chemo now and she has a four year old little boy. Just to be with her in this state. I gave her your book because I have been waiting to give her one thing when she has been in that place when she is ready for it. That is the book that I am going to give her. She is ready now for this. Not only for those people, but for anyone who wants to understand and learn what it means to really have the near death experience that Anita talked about and I have also had as well. It helps you understand what it means to create a parallel universe. All of that is explained and more. Thank you so much Wayne.

Wayne: My pleasure. I will see you Friday.

Lisa: Go swimming.

Wayne: I am. God bless you dear. I love you.

Lisa: I love you too. Bye-bye. I love you all listening. Thank you so much. Thank you to my amazing team who is just absolutely incredible who have made all of these things happen and have made it easy for you to get on the calls and enjoy this hour. The replay is going to come up in about an hour after the call so watch your emails for the replay that is going to come up so you can listen to all of this all over again, share it with your friends. Go get the package and special offer that comes to you from Hay House in the mail. www.theawareshow.com/dyer. I just want to say thank you and your wishes and intentions are fulfilled. Until next time I invite you to stay aware.