

messages that inspire positive growth and change

the aware show

Lisa
Garr



THE AWARE LIFE TELESEMINAR

DOREEN VIRTUE

07/27/12

Lisa: Wow, hello! Welcome to The Aware Show Teleseminar Series. I just talked really loud there – sorry about that. **laughing** I'm sorry, I am so honored to be with you all today! I'm Lisa Garr and I'm so unbelievably excited and honored for this conversation that is about to happen because every single soul that is on this call right now and listening to the replay is listening to this for a reason. So, I really want you to get present. Right now, right here. Put your attention in the center of head because there's messages that are going to be coming in throughout this call. This is an experience. This is intense. This is active and this is your responsibility during this call – is to *listen*. Actively, as to where this call touches you and what you're going to do about it because the communication coming in is divine. It's from the Archangel Rafael, Metatron, Michael. I am getting major chills in communication, which is amazing, and so this is a call that is an experience for you. If you go to theawareshow.com/virtue, that is the website where you're going to be able to see everything that we're talking about in terms of my guest today, Doreen Virtue, who is a major authority and incredible guide about guidance, about guides and guardian angels, and she has been a lifelong clairvoyant as well as having a Ph.D. in psychology. So, what she says and delivers about the angelic realm has not only been accepted into our hearts but also by Oprah and The View and CNN and all of the other programs that talk about the power of connecting with your angels because she does in such a beautiful way. We have a zillion people on this call, Doreen – Hi!

Doreen: Hi, sweetie, it's so good to be with you and you're right, today is going to be intense in a very important way.

Lisa: Important way and powerful, and you have a lot of communication that's coming in for all of us today.

Doreen: Yes, the angels have been talking to me about this particular phone call between you and I for about a month, and they said that everyone needs to know the truth... and the truth, of course, is you and I have always told the truth with love – not from a fear base.

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Lisa: Well, it's also the truth of where people are right now, and what they're experiencing. So, let's call it out, what is it that you are hearing mostly? I mean, there's 250 questions that have come in of people that are – it's a combination of being in a lot of pain from surviving a loved one's death, or loneliness, or needing guidance, to also feeling and experiencing the angels right now. So, what is it that you're experiencing right now? What are people asking you?

Doreen: Well, it's interesting, *The Venus Return* – at the beginning of June was very, very profound for so many of us, and myself included, and on *The Venus Return*, I was in Norway, and I was actually at the princess of Norway's house – in her back yard. She was an angel channeler whose given up her crown to teach about angels, and open angel school – and also, yeah she is one of my heroes. She and I, and a few others were standing in the back yard, and we were doing invocation of this Venus energy, and the message I got for myself, very loudly was that I needed to start publicly talking again about all these global, and political messages that I've been receiving my whole life. But I kind of stopped talking about them so much, probably because when I had done it before, it was a few years ago – and I got a lot of letters from people who said, "Please, please just stick to talking about angels, and personal things." And you know my story, Lisa, is that I was shunned as a child, and teased a lot, and ostracized in many ways because I was considered to be very weird, psychic – and spiritual healing myself and my family.

Lisa: And you stopped talking about it for a while, right?

Doreen: Yeah, it's just I'm real sensitive to criticism, and it's a personal ego thing in myself that I'm working through. So, I stopped talking about it publicly, because when I did talk about political and global issues, I just got a lot of letters from people who were saying, "No, no, no, that's not what we want to hear about." And they said it very strongly. And so, I just... I love focusing on personal questions, too, you know, "Whose my soul mate?" "What's my life purpose?" etc. But after *The Venus Return*, they told me, "Just talk about this publicly" ...and this was after you and I saw each other in Boulder, Colorado, for your television show with Gaiam, and they said, "Just talk about this..." and the lid just opened up, So I went on my radio show, on *Hay House Radio* and just said, "You know what? I'm talking about this." And the response has been amazing, I have so much support – completely different than last time I talked about all this. And then they told me to talk with you on your show, about these global issues that you and I have somewhat addressed, but you're like me – you don't want to bring up more fear.

Lisa: Right.

Doreen: And you're getting the messages too. But they said you and I have to talk about this publicly, because everyone knows that since *The Venus Return*, the veil has

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been lifted, and everyone can feel and know the truth – and those who doubt their intuition you and are feeling afraid – and they're getting a lot of physical symptoms by not realizing this is real. So, a lot of people are going through what I call, "ascension symptoms" right now... They're feeling chest pains, even cardiovascular issues, they're feeling stomach issues, they're feeling insomnia, or complete the opposite – where they're sleeping all the time. The bodies are just going wild, and as you know, it's mercury retrograde at the moment, but it's also retrograde for about 7 or 8 other planets. And so, the angels say we're going through the equivalent of the old Egyptian sarcophagus initiation – where you have to face your deepest fears right now, to move to the next level. So, it's a time of great anxiety for many, many people... and if you're not aware of this, then you'll personalize it for yourself, and you'll think, "Something is wrong with me..." – you might get medication for it, which is the opposite of what you want to do. And so, the angels have been talking a lot through me, about the need for folks to really look at detoxing themselves – especially of any substances that cause further anxiety, such as caffeine or sugar.

Lisa: That's interesting, I think that you and I are the perfect people to be able to present this information – for two reasons – one, because we are so loving, and open hearted, and I know that my communication comes with a giant open heart, and so does yours. That's why sometimes, the criticism does hurt, because you don't do this to be criticized – you do this to communicate the good work, and the good word – and I get that completely. And at the same time, I love to rise people up to their highest possible potential... and to remind them, really, of who they truly are, and the powerful beings that they really are in this universe. So that's one of the reasons why I'm not a big proponent of giving fear information – because it's definitely out there. But it's not given in the way that you and I can do it. You and I can do it in a way that's powerful and empowering, and activating, and responsible.

Doreen: That's exactly it, Lisa, because there's conspiracy theories galore out there. More and more people are focused on the illuminati, and the government, and schemes – it's almost become like a witch hunt, I think. It goes too extreme, because... There's definitely the illuminati, there's definitely evil, evil governments who are lying about heinous things – the biggest one, I think, is the nuclear industry – it's criminal. And these things do happen, but then I read about this theory that this horrible, tragic shooting in Colorado was a set-up. And that's where it goes too far, because that's obviously the product of a mad-man, whose completely out of touch with reality, who doesn't know the extent of the pain that he created. I actually think that what's really going on is that, right now, violence is at such a peak, that we're going to hit bottom with it, and take a look, personally, of how we can help with this. And a lot of the solutions begin with us,

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personally and at home. So, I mentioned the nuclear crisis – I'm very, very much connected to Japan. The angels have told me that the radiation effects over there far exceed what the government is telling people... and that folks' hair is falling out, and that if they feel guided to move, they should – and if they're still living there, they need to be taking Spirulina supplements, daily, because scientific studies show, positively, that Spirulina can balance, or lessen the effects of radiation on their selves. But now, I have a letter from someone who lives in Japan, whose quite concerned, because she said that the government is telling people to reduce their use of electricity, and at the same time, have powered up Fukushima again – and are planning on building more nuclear power plants. And that affects the whole world, not just them. And when I was in Paris last month, the folks there told me that they're very frustrated, because every time they try and say, "We want to get off of nuclear power..." – they get shut down. The government says, "No, you have to have nuclear power."

Lisa: You know, there are also ways to... when you look at situations like that, and you look at the scope of it, the wide scope of it – and I as one person say, "Alright, how am I going to help something like that? I know I can help individuals one, by one, by one – and then larger groups and so-forth. But how do I really affect something like the military, or the outcome of building more nuclear facilities?" How does one person do something like that?

Doreen: Exactly, that's where I go, too. So, this is another reason where you and I are so synergistic. And, when I ask in guidance, "What do we do?" – the angels showed me that all of us need to get off of the grid, and make it so that it's not profitable to have a nuclear power plant. And the way that we do this is through solar, they said. That's the easiest way that we can, personally, do this. They said, "Solar systems work in all climates." And the angels told me to tell people that they will pay for solar systems for everyone – they just want us to do it. They said they will make sure the money is reimbursed to you.

Lisa: Hmm, yeah, there are some really good programs out there. You're addressing this, kind of, in an indirect way. But, someone is asking, "What advice can you give your fans – that love talking with the angels, that feel very blocked, that feel like they're having a hard time these days, that can't get a job, that need more patience?" And you were speaking to this earlier – about why people are experiencing this type of pain in their bodies... What can they do to get out of that type of pain?

Doreen: Thank you, yeah, the pain comes from holding onto the way life used to be – and the angels say, "It's never going to be like it was before." It's not going to be like 2011 – thank goodness, actually, or even early 2012. We are on a whole different plain, now. And it's the light, so bright, like it's high-noon right now – and the dark is so dark –

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and so the polarities are more in sharp contrast than they've been, since – going back eons, I'm sure. And so, go into the light, just like a near-death experience. Go into the light – “Let go” – is the absolute prescription for any kind of physical pain. Let go, and let that energy move through you, face your fears. And a lot of times, if you're being blocked to getting a job, it's because you're not supposed to have a job – you're supposed to be self-employed. And so, look within, it all starts within – it's about empowering ourselves. And so many people I've talked to, Lisa, tell me they're waiting for some authority figure to tap them on the shoulder and say, “Go, you have permission to live your life of your dreams.” And so, you and I are here to both say, “You are the authority figure, there's no one else who is going to give you permission, but yourself.” I know lots of people want to talk to me, so that I can validate that their intuition is correct – that they can live the life of their dreams. And I'm here to say, “Yes, you can.” – but there's so much more to it. I mean, I've got a full time light-worker, in terms of professionally supporting myself – self-employed since the late 80's, early 90's – so, a long time. And what I can tell everyone is, it's a lot of work. It's not just sitting in a lotus position, meditating all day. There's physical, human labor involved. I work every, single day at this. And the other thing to know is, people tell me all the time – they want to be a healer. And what the angels said recently – I thought it was so brilliant, and I want to pass this along is – if you want to be a healer, you want to be a teacher – GREAT, there's more need for healers and teachers. But to be one that has worldly success, in terms of making enough money, so you can quit your day-job, and support yourself, and your family, in that practical term, you've got to have the highest energy possible. And so, to know what that means, in practical terms, think about what kind of a healer or teacher you would want to go to, or you would be attracted to... Would you want to go to a healer that's drunk, or stoned, or hung-over?

Lisa: No?

Doreen: No. So, if you're still drinking, or drugging, or getting stoned, or you're hung-over – THAT'S the reason your healing or teaching practice isn't taking over, because other people are just as sensitive as you, to energy. And that's where the angels keep coming back to detox, it's essential right now, for so many reasons – not only to get your energy high, so you can attract the clients and the opportunities that you want... Because the angels are really like the marketing world of spiritual careers – they know who is walking their talk, and they send opportunities and clients to the people who are walking their talk. And not because of a “deserving” thing, or a “Santa Claus” thing, but because of a “law-of-attraction” thing. Because they know, they can trust their clients with people who are clean energy. And, if you need help detoxing, the angels will help you with that. The other reason they say, “Detox is essential...” – is because, that's when your mind is clear, so that you can receive the messages that they're trying to send you.

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And also when you're sleeping, a clear mind can soul-travel much better, and can do work on the other side of the world, like an angel, like an Earth angel. So, right now, it's essential for all of us just to get our jollies, and our relaxation in non-chemical ways.

Lisa: Well, and also think of the reason why sometimes that happens – to want to numb yourself – is maybe because you don't have enough tools to stop the energies coming in. Even being in large crowds or big rooms, or even if you're a super-sensitive being, and you pick up on energies around the world that tend to be painful, and are crying out for help... You need tools, these days, to start to separate yourself from that energy, and then find your own grounding within it, so that you can – you don't have to numb yourself that way – and you can be more of-service when you're clearer that way. So, look at the reason, why those chemicals might be in your body, and what it is that you might be absorbing unconsciously, that you need to numb. And it's just another way of looking at it.

Doreen: Absolutely, I totally agree with you.

Lisa: Okay, so loneliness... A lot of questions coming in about finding soul-mates, and, "How do I do that?" And people are just wanting LOVE, so much right now. Do you notice that in where your circles are, and on your radio show, and what it is that you do?

Doreen: Yeah, and in my travels, I mean this is what connects us all across all countries and cultures is – the basic, human desires and needs – and they include, to be loved, to be connected with. So first, of all, your show provides such a service of connection. And I'm sure your website also is a nice community, where they can connect, and my Doreen Virtue official fan page, on Facebook – where light-workers connect. And so, if you're feeling lonely, again, with any kind of initiation that we're going through – fighting the feelings just makes them worse, or hiding from the feelings, or as Lisa said, "Numbing the feelings makes it worse." But what really helps us is just to admit it to yourself, and writing that question to Lisa just now, was a really good first step. So, if you're feeling lonely, just take a moment right now and breathe, and say, "I'm feeling lonely..." And then, the next step is – what do you desire? If you're like me, you desire to have wonderful, compassionate, open-hearted friends, who have a nice balance of giving and receiving – you don't want to be with people who are only taking – that's draining, and those aren't true friends, either. And we call upon the archangel, Raguel, whose name, in Hebrew, means, "The friend of God" and, who is actually the angel who oversees harmonious relationships, whether it's with family, with a lover, or with friends – current friends, or creating new friends. And I'm finding that many people – you're probably seeing this too, Lisa – are letting go of old relationships, that have become stale, or toxic.

Lisa: They're no-longer working, yes... Absolutely.

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Doreen: Yeah, and it's about being honest with ourselves right now. Take a look at each relationship and be honest, "Has this relationship already served its purpose, and now the purpose is over?" You can love the person, and of course, forgive yourself, and forgive them while you say, "I'll see you later..." – and walk down the path, alone. Trusting that, through the law-of-attraction – new people will come into your life, that vibrate at your level.

Lisa: Wow... I'm feeling that, right now. It's a whole shedding that I just experienced.

Doreen: Yeah, if the old friendships are causing more pain than bliss, then it's a time to take a good look at them, and say, "Why am I in this relationship?" Sometimes, people are in toxic relationships, as a way of procrastinating working on their life-purpose. Because toxic relationships take a lot of time, and if you're busy with toxic relationships, then they're like chemical use – they're a way to distract your mind from being the healer, or writing that book, or opening that healing center, or whatever it is that your soul is calling you to do.

Lisa: I have noticed that there are... I mean, the people who have listened to your work for so long, and who have listened to this teleseminar series, with *The Aware Show* for so long; people are so intelligent about what it is that they want these days, I mean, they're really getting very, very clear. But what I would love to see is, and what I really, really want people to know is, you are NOT alone – there are SO many of you... If you would just connect with each other, and see that when you're asking for your soul-mates, and saying, "I'm feeling so lonely..." – and I see that, from literally hundreds of people, and I just want to find a way – how do you all connect together? How do you all get together, there? Can they do this through soul-groups, Doreen?

Doreen: Well yeah, and I really believe in the social media power, too. You know, Michael and I met in 2009 at my international angel day – and then, we didn't connect after that, but we reconnected on Facebook, and are now engaged to be married – as you know.

Lisa: Which is amazing, yes.

Doreen: 12/12/12... yeah.

Lisa: Very soon, uh-huh!

Doreen: Yeah, so anyways, you know – if you feel disconnected, use the power of social media places like Facebook, or websites related to your interest... Don't just make

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it a virtual relationship – talk on the phone, get together, physically. It's really important for that real, human contact to occur.

Lisa: Wow, that's really neat, though – because you did that in your own life. And I love that, I love that you've, personally, had this experience now... and your wedding is going to be amazing!

Doreen: I'm telling my single girlfriends, "Forget 'match.com' look at your Facebook friend list..."

Lisa: That's a great idea... Someone else is asking – a comment that you had just mentioned is, "How do we afford to live the life of our dreams?"

Doreen: Well, as you know, the ego is really the only "bad guy" or "bad girl" in the world. The ego is the belief in separation, and creates duality. So, the ego's pure purpose is to keep fear raining on this world, and anytime we succumb to fear, we are putting more energy, and power into the ego. So, what that's a fancy way of saying is... A lot of times, with your life purpose – you've got to walk on faith, first. And that was so true, for me, when I was doing traditionally psycho-therapy, and traditional psycho-therapy writing. And I was really called, in my soul, to do writing that was truly spiritual... teaching that was truly spiritual. But I was in that same fear for a bit, where I was like, "How do I make my car payment? How do I pay the rent, or have enough food to eat if I quit these jobs?" And the angel said basically, "Walk in faith, and you'll be shown." So, I quit my jobs before knowing how I was going to pay the payments, but I did this, purely, by listening to guidance – and the very next month, I was asked to speak at the *Whole Life* expo...

Lisa: Wow...

Doreen: ...and they gave me a speaking career launch, immediately. But if I had been waiting for that, first – my vibrations would have been too low, because I would have been stuck in that fear to attract the *Whole Life* expo speaking opportunity.

Lisa: You know, I had the opportunity to spend a couple of days with you, in Boulder, Colorado – you really walk your talk. You're constantly in communication with the angels, you're constantly aware of their presence and their being, and I think I've probably interviewed you over the past, maybe, 10 years – and in that time frame, you have taught me, because, I would speak with you, and I would realize, "Wow, this is amazing, and the angels are so present in my life – if I would just accept their communication." And then, a few days, or maybe weeks, or months later – I would forget again. And then, I would talk with you again, and we would have a great interview, on the radio – and then I would remind myself, again. And then I would forget, again. This happened for me, for

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probably about 4 years, until I really had an epiphany, once, where I said to myself, “This time, I’m going to continue the communication, and I’m going to keep up the communication, and I’m going to use it in an active way – because I know these angels are around me all the time, and my angels have saved me from things that I never even see that they save me from.”

Doreen: Yeah...

Lisa: And so, I started to ask direct communication, and I started to say, “Can you help me with this?” or, “This particular person really needs the healing... can you send a healing to this person?” or, “This situation...” And the miracles – I don’t know if it’s just that the time is speeding up, or the activation of the angels is speeding up, or their sense of urgency is speeding up – but the communication, the response back is almost instantaneous now, Doreen.

Doreen: Yeah, definitely all of the above. There’s an urgency, there’s time urgency, the veil has thinned – it’s you and your intention to talk to them all the time. It’s also because of who you are, and what you’re doing – you have a big, big, big purpose, and you reach so many people, not only with your words and your guests – but your vibrations. Yeah, the angels are saying they’re in partnership with you.

Lisa: Mmm, wow. That’s enormous.

Doreen: Oh, this is interesting... I’m sorry to interrupt you. They want me to tell you that, you’re not asking them for help enough, with the business end.

Lisa: Okay...

Doreen: Okay, so they want to help you more with the underpinnings and foundation of your business...

Lisa: Yes, I can definitely use the help on that... That’s beautiful, thank you. You know what... I’m in Whistler, Canada, right now...

Doreen: Oh is that that Banff?

Lisa: Yes, a little bit, but yes.

Doreen: That’s so beautiful, that’s definitely arc angel, Michael territory, there.

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Lisa: I have to tell you, I'm sitting here with the window open. I'm in a conference here, and these 2 dragonflies just landed right on the balcony, right when you said that.

Doreen: Oh, and the other thing with Canada is, when I was writing my book, *Fairies 101* and I was receiving stories from people who connected with fairies... The most stories I received about fairies came from Canada.

Lisa: Really?

Doreen: I was pleasantly surprised, I thought they had come from England, where they believe in fairies, so strongly – or Australia, or Ireland. But Canada, since I've been going up there, since writing *Fairies 101*, and dragonflies are a sign of the fairy connection.

Lisa: Oh, they are?

Doreen: Big time, yeah, they are the in-between messenger between the fairy dimension and the Earth dimension.

Lisa: I've always thought of them, also, as like a beacon of truth, as well – the dragonflies.

Doreen: Ah, beautiful...

Lisa: In the special offer that Hay House put together there's a *Flower Therapy* paperback.

Doreen: Oh, you've got it! This is brand new, like this is... I think it's a 2 day old book; it just came out.

Lisa: Oh, my God!

Doreen: Speaking of fairies, yes! So, you know, I love flowers, I know you do too, and it's beyond just looking at how beautiful they are, and the beautiful fragrance. Flowers have such a powerful energy, and they both need our help, and want to give us help. They are a bridge or a messenger for Mother Earth. So the book, *Flower Therapy* discusses and has gorgeous photographs of 88 flowers, that have properties that can help with specific life issues. So the book teaches how to work with flower essences, flowers themselves, even flower photos have power. If you have a specific life area, such as your love life, or health, or friendships, or career – which flowers to work with to empower you. And I wrote this in conjunction with just a darling, adorable naturopath from Australia, named Robert Reeves – you may have met him.

Lisa: You've spoken about him in the past...

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Doreen: Okay, he and his partner, Andrew, live in Sydney, and they both have been friends, and staff members for quite some time. And Robert blends angelic work with naturopathic work, in Sydney, and he's got a booming practice. He became a mint naturopath at age 25, I think he's 26 or 27 now. And he became an angel therapist at, I think, age 15...

Lisa: My goodness, oh my goodness...

Doreen: He's one of these protégé light worker, indigo, crystal people... He's from a whole different wave length. It's just amazing, what he wrote in the *Flower Therapy* book. So he's someone to definitely watch, and you can connect with him on Facebook, too, Robert Reeves – and you'll see a picture of him in front of flowers.

Lisa: You can get the frequency of the healings from the flowers and the pictures in the book, and I love that he has put together the offer, which you can see at theawareshow.com/virtue. What he has put together with your products are so beautiful, and it's so worth it to be able to physically hold the angel cards and the oracle card deck and the archangel set is also amazing too because it teaches you about all the archangels. But, I personally use these every time before I do a reading, I mean before I do a *call*, which is kind of like that, including the audience the whole time. And, whenever I hit a challenge in my life or whatever it is I'm doing, it helps me reconnect to that purpose, especially if I'm hitting adversity and challenge and things I just cannot figure out and unravel, and it just gets me into a different perspective. It's like having a therapist there, but not. You know, the therapy is coming in from the angelic realm.

Doreen: Yes. Yeah, I love oracle cards. I just can't say enough about oracle cards. The vibration of oracle cards is so high and helps us to get answers when we need it most, when we're stressed and can't hear the energy of the divine. So, oracle cards just cut through the stress energy and give us the truth. And so, all these different decks are for different purposes, and I got that hit too this morning. It was really interesting. You and I were both being talked to before the show, that it's really time for folks to connect with the archangels, and they said that the *Archangels 101* book, I need to be talking about it more because people need to learn who's who in the archangel realm and really distinguish the different energies so they know who to talk to. Of course, you can call on God to send you whatever angel is needed; you don't have to know the archangel names, but I think you would agree with me, Lisa, that there is such comfort and closeness with getting to know each of the different wavelengths of the different archangels. It's like different personalities and different functions.

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Lisa: Have you noticed any specific one of the archangels that is particularly strong right now? I know that you've mentioned to me a couple of times about **Metatron**. If you could go through a couple of the archangels with us and what they...

Doreen: Absolutely. Well, first of all, the archangels are the angels who are above - an energy above - our personal guardian angels, and they are nondenominational; you don't have to belong to any certain religious path, you don't have to be trained to work with them. They are just part of human life. And they also are unlimited beings who can be with every person at the same time. So, you don't have to worry you're bothering them or calling them for something that's unimportant. They want to help us to bring more peace to this world. So, **Metatron** is one of two archangels who was a biblical human prophet, who ascended into the archangel kingdom. **Metatron** was **Enoch** - who was almost like a **Hermes Trismegistus** - extreme seer, probably very connected to Atlantis because he was a great, great, great teacher, and *still* is. And so, Metatron in the Qabalah is the first angel that you meet on your spiritual path. So, he's the one that gives you, holds your hand, walks you through all the fears of changing your life and turning it upside down when you first get on the spiritual path, and then helping you to keep your spiritual gifts awake and then opening them up even more. And, because of that he's associated with some real very sensitive children, such as your gorgeous daughter, and helping them to stay sensitive in a world that seems to be so harsh right now.

Lisa: Mmm. Interesting, to stay sensitive, meaning not to *desensitize*.

Doreen: Right. Your sensitivity is so important. The angels say that your open heart is the vessel that divine love and light flows through into this physical world. And, it's like a fire hose... the bigger your heart is the more light and love can come through it. And, the angels will protect you to keep your heart open and to be sensitive because that's what's needed right now. The angels said - this is so profound to me... they said, "If this world was already peaceful you wouldn't be needed right now. You'd be back home in heaven."

Lisa: Mmm, that is very powerful. That is so powerful. That's one of the things I was mentioning when we started the call, is... just your soul's desire to be here in this communication right now. You came on this plane, planet Earth, for a reason. There was no mistake. You had thousands and thousands of sperm that connected to one ovum and it got there for this incarnation right now. What are you going to do about it? That is something that I've been thinking about a lot lately, and it's no longer an option to go back to sleep about it. **laughing**

Doreen: No, no. What's so beautiful about is that everywhere I go on this planet - you know I've been around the world many times and talked to people everywhere, not just at my programs, but I'm a talker so I'll talk to people on airplanes, airports, taxicabs, etc. and what I find is that everywhere I go everyone wants peace. Not one person has told

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me they want war. Not one person has told me they want pollution. And so I'm like, "Well then why are they here? Why is there war? Why is there pollution?" And so, the angels led me to these sites of the military that's called The Order of the Archangels. And you can Google this and find that there is this medal called the St. Gabriel Medal that's given out to military strategic people, and their logo says that to have peace prepare for war.

Lisa: Why?

Doreen: Well, see this is just showing us there's this other race of people who think completely opposite of the majority of us, the light workers. And so, they're teaching me how to have compassion for this race instead of judging them because they said if I judge them that I'm adding to violence. And so, what they want us to do is, on our own turf, which means your own home, detox the violence out of your home. So, what it means is take a look at everything that's come into your home, websites, TV shows, video games, movies, magazines, newspapers. Get the violence out. Get rid of it. Detox your home. Detox your home from any kind of power that's fossil fuel or nuclear powered. Detox your body. Just detox your own corner, and then with millions of light workers around the world, each of us detoxing our own corner, they said it'll happen; the world we want will happen. But as long as we're sitting there blaming the government, blaming the military, we're adding to it because blame is us pointing and sending pretty harsh energy out of that finger we're pointing.

Lisa: Well, that's true, and that's true, and to replace it though also with something that is in the positive rather than just focusing on the absence of the negative, bring back in the things that are positive. Bring back in the conversations that are helpful, and basically be the example of what it is that you're talking about rather than just talking about it. So, embody it. Be it, right?

Doreen: No, thank you. Our children watch us. How do we as parents deal with stress? Our kids learn how to deal with stress by watching how we deal with stress. Do we reach for alcohol? Do we reach for a joint? Do we reach for a pill? Do we start screaming? That's what we're teaching our kids. Or do we reach for the yoga mat? Do we go outside and connect with a tree? You know, our kids learn from us, so exactly what you said, Lisa, is to bring that positive in and not just focus on getting rid of the negative. So true.

Lisa: A couple of questions, or more than a couple **laughing**. Like, I gotta get to some of this. There's almost 500 questions coming in. So, one of them is asking just specifically about the offer that we were just talking about. If you look at theawareshow.com/virtue, and I just want to mention to the audience right now that

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Doreen is Hay House's number one best-selling author, and the reason is because she has incredible amounts of truth, and the beautiful thing about what Hay House put together is this is the only place you're gonna see this many of Doreen's products. I'm just letting the audience know about this, that this is the only place you'll see all of these products discounted. Everything else is full price on Hay House, but this is an incredible deal. I just want people to know that. So, okay, you can listen again Doreen. I just want to let you know that...

Doreen: Well, I appreciate that. I mean, the books are like my children. You know, they have their own life force, their own sole purpose, and I bring them through. It's interesting. I put myself through college as a secretary, and I, you know, learned how to take dictation as a secretary, and I still take dictation from Archangel Michael. And so, these books are completely channeled and just... I hear them, I see them. They just come down through me. So, I'm pretty disconnected from the books except for, you know, I do recommend them. And the angels really, really want everyone to read *Archangels 101* right now. They've told me that.

Lisa: There was someone asking about that, about how do you learn how to pronounce the specific angels, and if you're a practitioner can you use this information? And there is a whole CD set on there that Doreen talks about and mentions these specific archangels, and goes through Michael and Archangel Raphael and Archangel Gabriel and Uriel, and goes through all of the angels specifically as to what their frequency is, and how, when you're looking for guidance for something specific, to be specific with the angel that you're asking for the guidance of is very helpful. So, it goes through each one of them. I mean, Zadkiel is for remembering who you are and clear memory, and I did a whole lecture on that the other day of remembering that one specific event that started you on your path, and Zadkiel was the one who helped me clear the memory path so that there the room could have that experience.

Doreen: How beautiful.

Lisa: So there's ways that you can, you know, use this information to tap into whatever it is that you're doing. You can go through the card decks and use those for readings of, you know, trustworthiness on other people or a certain path that you're going after. You can really use this information in a way that's very, very useful in your life. Um, so I just wanted to mention that and let people know, and that's found at theawareshow.com/virtue. Okay, so a lot of the questions here are coming in... are about... we've ignited people about... the fear and how they're getting through that, but people are seeing more physical manifestations of angels than... I mean, a lot of people are talking about sparks, flashes... What are these things? How do they... They don't know how to identify it.

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Doreen: Right. Well, the term “angel” of course means “messenger of God,” and there’s so many beings who help us as messengers from the divine, and there’s many, many, many beings who could qualify as angels. In the strictest sense an angel is love and light from the mind of the Creator to the created us. And, the angels are not shy. They do not hide. They want us to know they’re here. I don’t know if you saw that beautiful photograph that a woman took during the prayer vigil at the movie theater in Aurora last Sunday of a clear – and it’s on my Facebook page if you want to see it. It’s huge, huge, clear, clear – one of the clearest angel clouds I’ve ever seen – standing just probably, gosh, many, many stories high above the movie theater. That kind of thing’s happening more and more. Most people tell me now, more because I’ve been taking surveys on this since the 90s, that they see flashes of light with their physical eyes, and that’s the angels letting you know that they’re there, that you’re safe, that you’re on the right path, keep it up. Digital photographs now have orbs of light, and it’s not dust particles. These are angels showing up, or fairies show up if you will take photos of nature. You’ll see the colored lights down low to the ground. That’s the nature angels, aka the fairies. More and more people are having Archangel Michael physical experiences where a strange, odd-looking man will show up with exotic eyes, either dressed too good for the situation – like he’s in a suit when it’s a casual situation – or he’s dressed like a homeless man, and he’ll just show up out of nowhere and either rescue people who are stuck or he will deliver a message that is way too familiar for a stranger to know about, and then he’ll disappear without a trace. Sometimes he gives a business card. Business card always says “Michael,” and it usually doesn’t have a phone number, or if it does it’s a fake phone number, and he keeps making his presence known and letting us know that they’re here. Not only is it traditional angels, but the ETs are hovering around the Earth right now, and they are very, very close to Earth. They’re actually and energetically among us more than I’ve ever seen before because...

Lisa: Explain.

Doreen: They... they want to make sure Earth survives. They were here in the beginning. A lot of them were involved with the seeding of the human race and, you know, the planting of the garden here. If Earth were to, God forbid, you know, do something really crazy it would affect the whole galaxy and beyond. And so they’re making sure with their energy that if there’s nuclear weapons that they’ll be disengaged, and they’re guiding a lot of us. A lot of people who are seeing angels right now are actually seeing ETs. And then there’s light workers who are sleeping who are projecting their souls because they’re so concerned about “how can I help?” that they’re being used when they sleep, and their souls are going to the other side of the world and showing up like angels and apparitions, and it’s sleeping people.

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Lisa: Huh. So, are these angels specifically telling you something that wants to come through right now during this call? A specific, very specific message?

Doreen: Well yeah. They're telling me that, you know - and I'm being really brave with saying all this open - that a lot of these conspiracy theories are, you know, real, and that we shouldn't be focused on the fear part of it, though. I mean, there's just thousands and thousands of websites and YouTube videos about the FEMA camps that have been set up, you know, around the country and actually around the world, and there's military exercises on the open happening in Los Angeles to Boston and Miami and cities. So, the governments are gearing up for this economic fall in the US and of course in Europe as they try to switch to one currency for the world. They're geared up for mass rioting and mass civil unrest, and they're gonna use force against force and imprison people in a very cruel way. And so, what the angels have told me is that traditional activism won't work right now, so the Occupy movement is having an effect. I believe it's one reason why Ron Paul's Audit-the-Fed bill passed in the House this week by a great majority, and it's auditing the Federal Reserve. You know, whether that will work or not is another question, cause the Federal Reserve is, as you know, a private entity, under no jurisdiction or law. But, it's a nod definitely in the right direction, and very unifying coming from a republican from Texas to do this. So, we'll see if it goes to the next step and passes where it needs to go.

Lisa: Wow.

Doreen: The ratification of the Supreme Court of ObamaCare, you know... These are showing that the government is listening to the Occupy movement, to petitions going on. We'll see how the petition for the Navy sonar killing the dolphins... We'll see what impact that has. My experience is that petitions do work. I was involved with petitions with the Humane Society in California to get bigger cages for chickens, pigs and veal calves, who were in the most atrocious situation - still are, but a little bit better because the petitions made (then) Governor Schwarzenegger sign into law more compassionate caging for these poor animals. So petitions work definitely. Please sign every petition you find. But light workers are telling me they're afraid they'll be put on some sort of watch list with a witch hunt if they're put on petitions, and what I say is, "You know what? So what? If the end of your life, which you're gonna really care about, is how much did I love and did I do the job I came here for?" If they kill us we'll come back like we did this time.

Lisa: Right, and you could also look at the source and you could do research on the source of where the petition's coming from. There's some non - the GMO-Free Zone petitions out there that are coming from very pure sources that are actually happening across the world.

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Doreen: Yeah, yeah. Right, And look at France kicked out Monsanto and they're still alive. We can kick out Monsanto in the US. We need to.

Lisa: That would be a huge victory.

Doreen: We need to. Monsanto is evil and only cares about, you know, money. And all of these corporations that make processed foods only care about money; they do not care about anyone's health. And so, you know, stop clipping out the coupons in the Sunday paper to save 10 cents on poison and toxins, and go the health food store and grow your own organic vegetables in your apartment's, you know, balcony; buy foods locally from your farmers' market, and, you know, everyone has power to make a big difference. It's not about waiting for the government to change but doing the little bit that, like the petitions. But what I was going to say, the angels have said that the biggest activism movement that's going on successfully right now is prayer, is shows like yourself, is the YouTube videos...

Lisa: Awesome.

Doreen: Because it's under the radar. The government thinks we're whacko. They think we're nuts, and they completely... We don't even register on any sites because they don't believe... They think that we're crazy and they think because we believe in ETs, that no one's going to believe us. So, we can be very open about this stuff as long as we're telling our truth about – “Yeah, I believe in past lives; I believe that there are UFOs and ETs. Absolutely.” And talk like that openly because the more open you are about it the more you're off the radar.

Lisa: See, now that's, that's very empowering because it does go back to that sense of community, that there are more of us than we realize. I mean, someone this morning said to me that the movie *The Secret* didn't bring about a new culture; it uncovered the culture that we already there.

Doreen: Right.

Lisa: To come up and say, “We are here to be counted. We're the ones that are in prayer. We're the ones talking to the angels.” We need to talk to each other about that rather than thinking everything we're saying is so weird, because it's not. **laughing**

Lisa: Yeah. Well, we remember our past lives where we were persecuted for being witches and burned at the stake or other heinous ends for talking about this. And so, when a lot of us were asked to come back to Earth for this time to move us through this

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shift into peace we remember on a very deep-soul level how we were killed for this. And so when we see things like the FEMA camps springing up it brings back all those memories. There's also hundreds of thousands of us who were killed in World War II and who died in death camps then, and so, it was painful.

Lisa: They're reincarnating now?

Doreen: Yes. Yes, yes, yes. And so, the memory of the death camps and the witch hunts is very real and alive in us, but we have to do our work anyway. We can't let fear rule or dictate our actions. We came here to do a job and we've got to do it.

Lisa: Right. Absolutely. And, actually, I want to ask you – and people are asking for that site again, which is theawareshow.com/virtue, and this is the only place that you will see this many of Doreen's products discounted at this rate, and it's only gonna last for a couple of days because, of course, Hay House helped us create this and then it'll end in 2 days so that it goes back to Hay House's site. So this is a special deal that they do, and they really do it for your fans. I mean, they give people out there an opportunity to get these products deeply discounted. These are all physical products, so these are angel cards, these are life-purpose oracle decks, these are the 6-CD set on *Angels 101*, which is so good. All of those.

Doreen: Oh, I love that. It's got meditations for each archangel with channeled music from Mark Watson.

Lisa: Ooh. Powerful.

Doreen: Yeah. So you get to really connect with the energy of each archangel on that CD set. I'm so happy your offering it.

Lisa: Thank you for saying that because if you're in that place of being really stuck, and you don't know how to get out, and you're looking for that and you're listening, you're watching, you're reading – If you get into the music and that takes you up to that higher frequency, up into that 12th dimension, up in to that much, much higher frequency, that's where the problems get solved because the problems are the ones that we're creating by the choices we're making and decisions that we're making and the separation from ourself as spirit. When you elevate yourself through music or through meditation or through Doreen's words that are channeled in from the angels it gets you into the place of that outer-dimensional healing, and that's what prayer is. And that's what truly it is; it's reconnecting to Source. Someone had asked a question, Doreen, about if we really come from God Source ultimate energy – this is someone from Colombia – then why did we separate in the first place, especially if it's our goal to be one with that energy again. Can you help shed this light?

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Doreen: Right. Well, I mean, it's such a multidimensional answer that we can only understand it in the third dimension we live in, and so the best way that I understand it is that we haven't separated, that this is a dream, a very realistic dream, and we have to do our job in this dream. And the dream is the equivalent of a teenager fantasizing about having their own apartment, and wouldn't that be nice? And, you know, not really having their own apartment, but they're daydreaming that they have their own autonomy. And so, this is an experiment in free will that's really just a dream. It's actually a nightmare because the biggest fear we have is being separated from our source. It's like an infant being away from their mother. And so, at the same time that the ego gets off on saying "I'm in control, I'm in charge. No one can tell me what to do," and rebels against authority, at the same time there's this part of us that says, "Help me. Help me Mommy. Help me Daddy." We're like little children who feel lost and who want that guidance and who want the support and who want to feel safe, and all of that's there. We've not left any of it.

Lisa: Interesting, interesting. By the way – another question coming in – This is a really great point, is if these things do happen, and these FEMA centers are being set up as if these things are going to happen, what can we do in our own communities and families to pre-prepare for those types of situations.

Doreen: Well, I think it's just a good idea, not out of fear, for all of us to have solar generators available on our own property...

Lisa: Okay, to plan.

Doreen: To have... yeah. Have a big stock of food and water and emergency supplies because, I mean, this is just a good idea anyway with the Earth kind of settling in a way that's unpredictable right now; you know, earthquakes and floods and tornadoes and such. And then, if there is an economic collapse, which is being widely predicted, you know, you might want to have some cash on hand. You know, some people are arming themselves, and that... If it becomes a world like that I don't want to live in a world like that, where it's twos against twos.

Lisa: Right.

Doreen: But I would rather have a vision. The one I have is that neighbors share with neighbors what they have, their supply. So, if my neighbor comes, I don't see a vision of people breaking into houses. I have a vision of someone saying, "I'm really hungry. Could you feed me?" and someone else saying, "Yes, I've been storing up food. I would love to help you."

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Lisa: That's beautiful. That's a beautiful vision. It's a really beautiful vision to bring out there as well. That's what's important, is that sense of community. So, when you're storing up for things like that, and also to make a plan. We've made a family plan as to where we're going to meet. It's just something that everyone needs to do is to connect with your loved ones and set a plan. "If this... if something happens we're all meeting at.." and make it a place. That's just always a good thing to do because when disaster happens the first thing you wonder about is loved ones. Where are they and are they okay, and so that's very, very important.

Doreen: Right. And then, if I could piggyback on that... One of the reasons the angels want us to get our minds detoxed and really practice our psychic development skills and learn how to open up that intuition and most of all to trust it is because they do show me that cell phones and regular phones and Internet will go down. And so, to, like you said, to have a plan to where to meet is so, so smart, and also to practice with your family talking to each other and communicating nonverbally. So, set up a time like, "Tuesday at 2, while you're at your office and you're at school, we're all going to send each other messages and write down what we get."

Lisa: That is a great idea.

Doreen: Hmm-hmm. Through that you'll learn to really distinguish your loved ones' energies – cause everyone's vibration is like a snowflake, different – and then you learn to trust what you're getting.

Lisa: That is a really, really great idea, and to do practice exercises like that. Yes, we've become... we've been conditioned to become so reliant on our cell phones and communication devices. I mean, it's become so convenient and made so convenient for us. It's almost enabled us to stop with the other, you know...

Doreen: **laughter**.

Lisa: I mean look at that type of conditioning... look at the path we're going down on that one... So, I was just in a lecture with Don Miguel Ruiz, and he...

Doreen: Mmm, I love him.

Lisa: Oh my Lord, he sat on... He stood on the stage and he gave a part of his lecture mentally.

Doreen: Wow.

Lisa: He just stood there, and didn't say any words, and communicated what he wanted to say, and just kept saying, "Can you hear me?"

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Doreen: Gorgeous.

Lisa: And it was so incredible. The whole room got exactly what he was saying. It was vibrating. It was so beautiful. I mean, that is basically the way the angels communicate and that we can do that. It's not... I mean, it's the angels and they can teach us just how to do that, but we can do that ourselves too, and it's being done all over the place. I mean, the US military has the same type of technique, but Don Miguel was doing it with so much love it was amazing. And, we can do that with ourselves too and telepathically communicate **laughing** all the time. It's beautiful, and it's instant. It is instant, and in terms of not a delayed response. You don't have to leave telepathic voicemail.

Doreen: Right. It's what I call a-mail or angel mail. Yeah.

Lisa: **laughing** A-mail! That is perfect! The name of your next book. So, I did just find something out, and this... I just found out that the offer, by the way, is limited, and I'm sorry to slip this in the middle here, but we have sold out of a few of the other Hay House packages that we have and I didn't know that this was limited, and so I am just finding this out now, and I'm putting this in a nice context. It's limited to the first 500 people, and I'm sorry I didn't tell you that at the beginning, but what we've had to preorder is the first 500. So, if you have the opportunity to jump on this offer now, it is incredibly discounted for the people that know and have bought any of Doreen's incredible channeled, guided, beautifully practical information, the cards and the handbooks and the angel words is one of my favorite, and I'll talk about that in a minute cause it really shows the frequency of words. This is one of the things that we did our television show on, Doreen and I, is the freq... oh, this book is a very, very powerful handbook. But anyway, it is a limited offer. It is limited to the first 500 people that take advantage of the offer. It does need to go away within a couple of days, so the website again is theawareshow.com/virtue, and if I could just talk really quickly about the *Angel Words* book, which I love.

Doreen: Oh thank you. Yeah, I do too.

Lisa: Can you tell us really quickly how you created this with your son?

Doreen: Yeah. My son, Grant Virtue, a computer genius who runs the website for me. He was helping me to create a podcast about angels, and when I said the word, "angel" he stopped me and showed me on his computer that the graph of my voice energy looked like an angel in flight. And, I was stunned, and I said, "Let's experiment with words and see if we get other shapes." That's what I thought would happen. But we soon learned, over a period of about 3 months, that every time that we would say universally-considered positive words, such as love or bliss or peace, the

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graph on the computer of the words' energy would be so large as to go off the page. And when we would say words universally considered negative, or phrases, the energy would be so small and tight and constricted around the center line of the graph. And we said, "This is physical evidence of high-vibrational and low-vibrational words." So then we gathered stories of people who had changed their lives by changing their vocabulary, and we analyzed on the computer the different words they'd used, kind of before and after. Same thing happened. It was so clear in the... We put hundreds of graphs in this *Angel Words* book so that instantly when you open it you can say, "Oh my gosh, I want my words to look like this: high energy." And it cured Grant and myself of using negative words. Like, I can't even give you an example of the negative words because I know what it looks like energetically now.

Lisa: Well, that's... that's... There's graphs in this book, and it compares words like "healthy" versus "sick" and "joy" versus "fear" and "light" and "love". There's words on here that shows the actual sound vibrational chart, the sound wave, and puts them right next to each other, so you can physically see the difference, and then it goes into phrases like, let's see here... "It was amazing" versus "I can't believe that." So, "I can't believe that" is a lower vibrational frequency on audio than "It was amazing." "There's no end in sight" versus "Wonderful changes can happen any time." And, there's so many ways that you can reframe your languaging to see how to really affect change in your life. I mean, this shows up in many different ways. When someone says, "I nearly had a heart attack," compared to "It really made me jump," is a completely different frequency.

Doreen: Isn't that amazing?

Lisa: It's all about the cook, I love that.

Doreen: Thank you. And, we were really careful with the recording of the words. We thought, well, is it because our emotions are more positive and we're saying positive words? So we went into the studio and recorded the positive words using anger energy and sad energy, and you know, different energies, and it didn't matter. It was the words themselves are imbedded with the high or the low frequencies.

Lisa: Beautiful. Beautiful. There's... um... It's... I mean from what I've read and what I've listened to with you I know that you've changed your languaging to affect it.

Doreen: Yeah. **laughs**

Lisa: Okay, so, a lot of requests coming in on the questions here. If you could give us a prayer or something from the angels that you can take us out with, because it's uh... I can feel the communication coming through strong, and I know that they have a lot to

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say, and you are such a beautiful, clear channel, and if you could bring us that communication that would be amazing.

Doreen: Absolutely. So, know that you and I are one, and we have the exact same spiritual gifts. Please, please do not put Lisa or myself or any other well-known channeler on a higher level than yourself because that's ego separation. Know that all of us have the exact same gifts and the angels are around you right now, and to connect with them it's just simply a matter of breathing, closing your eyes, and holding the thought, "Angels, I'd like to connect with you more closely. Angels, I ask that you give me very clear guidance in this physical world that I can easily notice and understand as to what my next step is upon my divine life purpose paths. And then as you breathe, the more that you can surrender to God's will, which is the same as your higher self's got will, and that's the will of love and peace, and believe me, it's everything you want. The ego will try and tell you that God's will is the opposite of what your physical needs are. I'm here to tell you that God's standards for you well exceed your own standards for yourself. And as we surrender our defenses and control issues and say, "I'm willing to follow and trust my guidance," that's when your life becomes absolutely magical – and so it is.

Lisa: Mmm. And following that guidance we will, and the guidance that you have given us, and we... I know that we accomplished what we set out to accomplish in terms of bringing in the empowerment around the current events that are happening right now, bringing in the prayer around the current events that are happening right now, and especially knowing that there are so many of us, of light workers, of people that hold this high intention. Um, someone is asking what happens for – this specific person is in college, and she wants to know, how does she get this information to her other friends that might be the doubters, that are in... in a critical place about this work. Good question.

Doreen: Yeah. Well, there's a place for skepticism in this world. I mean, that's what keeps us under the radar, you know. So, if someone's doubting, you don't fight it; just bless it and say, "Well, that's there for a reason." The best way to be a teacher of all of these messages and other spiritual paths is to live it and be a living example of that it works. Be happy. Be prosperous. Be illuminated. Be blissful and kind, and then other people will... They might consciously ask you, "Gosh, how do I get to be so happy like you?" Or, just your vibration will trigger in them an ancient memory of this happiness because deep down we're all happy.

Lisa: Yes, yes, absolutely. And, I'm a big fan of that, being in an example of what it is that you're talking about. There are ways also that people can try it. I mean, there's no

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harm in trying to communicate with your angels and asking questions and seeing how it shows up or communicating with a lost loved one and seeing if you get an answer.

Doreen: Right on. I think it's time for all of us to come out of the spiritual closet to, like you were talking about, Lisa, that you know, it's time that we all say, "Hey, I believe this too." So, it's doing things like wearing an angel pin, you know, can start a conversation, or a lot of people are telling me – and these are people in all walks of life – are telling me they're bringing my angel cards into work and putting them in a bowl on their desk, and they don't say anything, but then they'll watch all their coworkers come in and choose an angel card.

Lisa: Right, exactly **laughing**.

Doreen: So, you know, there's little subtle things you can do to start the conversation, and you never know. Gosh, just today this woman was on my Facebook page, telling me that she was at a gas station and a woman walked up to her, a stranger, and said, "I'm guided to give you this book," and the woman handed her my book, *The Lightworker's Way*. She said it changed her life and put her on the spiritual path. And I was thinking, how cool that that woman at the gas station followed her guidance and... you know, it must have been scary at some level, to go up to a stranger and hand kind of a weird book, *The Lightworker's Way*.

Lisa: That is great. And you can do that by saying to someone, "You're an angel," and really mean it **laughing** to people, and drop little fun cues like that. Oh, that's a great idea. Even give away a card, you know, one of the angel cards to someone, or slip it on someone's dash, I mean, uh, windshield wiper; give them a little card that says, "Expect a miracle."

Doreen: Right. Right. Absolutely. I used to carry around in the trunk of my car the beautiful masterpiece book called *The Abundance Book* that now is a Hay House book by John Randolph Price, and it's probably the best book on abundance I've ever, ever come across, and I used to hand that out to homeless people while giving them, you know, either coupons or some money for food, just to teach a man to fish kind of thing.

Lisa: Mmm-hmm, mmm-hmm, absolutely. That's a great idea as well. Once again, this is a limited offer. We are limited to the first 500 people that get this special offer because of what we have been able to get produced by Hay House, which is awesome, and I'm really, really grateful for that. So, if you can, this offer's going to be existing for about 2 days. It will have to go away because it is a limited offer, but it is – I don't know how many – there's a lot of objects here – there's a lot of items that are discounted deeply, and this is the only place that you're going to see this discount where it exists. I'm not going to mess with my computer right now. I don't know how many items are on this offer.

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Someone let me know. There's a lot. There's 10 or 11 items on this offer, and if there's... this is the place that you're going to see the discount. It is a great thing that Hay House is able to do. They dropped the price just for you all listening and just for the Aware Show audience, which we work so beautifully with Hay House and appreciate everything that they do. It's an entirely physical offer, so these had to be manufactured in volume, and so we've preordered 500. So, go to theawareshow.com/virtue, click on the buy-now button there, and take advantage of this cause this is discounted just for you all. It will go away after we, you know, hit the 500 or in a couple of days. So, thank you so much for jumping on that and for understanding the urgency of it. So, thank you for the angel blessing. It was beautiful. And thank you for who you are being and for your soul and for the clarity that you give us and for the urgency that you've expressed to us about this... you know, the messages that are coming through right now. You expressed them in a beautiful way, without fear, in a way that we're able to take action on and in an empowering way, so now we know, kind of in a peaceful way, what to do if we ever come up against any type of adversity, and which angels to speak to and how to do that mentally.

Doreen: Thank you Lisa. What you're doing is so beautiful. And, you know, I want to say that when people do purchase my products through the Aware Show they're helping to support your beautiful mission and your program too. So you know I'm a big, big believer in what you're doing, so, I'm happy to help support that.

Lisa: Thank you very much. Yes, we have a huge engine running here **laughing**.

Doreen: **laughing** Yeah, I can imagine.

Lisa: And a wonderful team, and I always... You know, thank you for saying that because I do have an incredible team, and Gina and Joyce, the producers, and Bo and Cliff and Frank and everyone who's... and Ken, and everyone who helps with the Aware Show teleseminars to put them on are just amazing beings, so I want to thank my incredible team because they make this all seamless for everyone, but behind the scenes they're doing flips, jumping jacks, backhand springs off the wall – they're activated! **laughing**

Doreen: Your energy's so high and pure. I'm constantly invited to go on teleseminars, and yours is the only one I say yes to. And the reason is because you're coming from that pure place, and you're reaching the right people with the right message, God bless you.

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Lisa: Oh wow. And I'm in a really, really awesome space right now because I'm in this conference with these other leaders here where Jack Canfield has put together this conference...

Doreen: Bless him too.

Lisa: ...and it's a beautiful space for an opening of a heart. I just came out of that... that... that intention setting with Don Miguel Ruiz and came right into this phone call with you with the...

Doreen: Wow.

Lisa: ...wide-open heart looking at... Doreen, we are in a beautiful place right now together, and that is an example of how to *be your truth*. So... **laughing**

Doreen: Love it!

Lisa: ...people get this energy right now, they're feeling it, they understand it, and listen to the call again till you can get the frequency again.

Doreen: Love, love, love.

Lisa: Love, love, love. You got *that* right. Thank you, Doreen. I miss you, sister. I wish I could see you, too.

Doreen: **laughing** I miss you too. I hope to see you soon.

Lisa: It's only been a month or so, but I'll see you again really soon.

Doreen: Absolutely. Love you, honey.

Doreen: Alright. Love you too.

Doreen: Big hugs to Gina too.

Lisa: Yes! Big hugs to Gina. I miss her too. I haven't seen her for... Alright. Bye-bye.

Doreen: Bye, honey.

Lisa: And for all of you listening, thank you so much because you are the reason these calls exist. It's because the thousands of people that were just on then are still on this line right now are the reasons why this entire call exists. So, thank you so much. Wow, frequency was incredibly high, and that's because of you, every single person's soul agreement to listen to this call came in with your frequency. It combined and made this spiritual soup that we're experiencing now. So, carry on with this energy. I mentioned to

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you at the beginning of the call, this is your responsibility. This is your time. Your time is now. You incarnated at this time for a reason. If you forgot it's okay. Come back, come back, and drop those seeds in any way that you know, in any way that you can, through your work, through whatever it is that you do. Thank you for being on this call. I really, really appreciate you and your energy. And, until next time, I invite you to STAY AWARE. Thank you.

—end of transcript—